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Gallery lands £550,000 in Arts Council funding

FOCAL Point Gallery has secured £550,000 worth of funding from the Arts Council England.

The contemporary art gallery that moved to The Forum last year will receive the money over the next three years to deliver a programme of exhibitions and off-site projects of an international standard in the town.

Joe Hill, who was recently appointed as the gallery's new director, said the funding came at a crucial time for Southend's cultural land-scape.

He said: "It is recognition of all that has been done by the team at the gallery.

gallery.
"With opening our new space last September, the number of high-profile artists with international

reputations coming into work in the town is growing

ing.
"Visitor numbers to our exhibitions have more than doubled and we're developing closer relationships with other cultural organisations in the region.
"The funding ensures

"The funding ensures we can sustain and develop a crucial space for contemporary art in south Essex." Since opening in The Forum, the gallery has staged solo exhibitions by 2012 Turner Prize winner Elizabeth Price and also Jemima Stehli and David Mabb.

The gallery also commissions offsite projects around Southend, including the project 'Hammer House' by Simon Martin, currently spanning the High Street's railway bridge.



BIG PLANS: Director Joe Hill said the funding has come at a crucial time

SIX ARRESTS OVER FATAL STABBING

By Pat Higgins

southend@yellowad.co.uk

POLICE arrested six men from Basildon, Southend and London after a 26-year-old man was fatally stabbed in York Road, Southend on Monday night.

A murder investigation was launched after the victim from south-east London, died in hospital on Tuesday.

Police were called just after 7pm by the ambulance service and the

victim was flown by air ambulance to hospital, where despite the best efforts of medical staff, he died.

Detectives were questioning the six men, aged between 17 and 19, about their involvement in the

incident

Anyone who was in the area and witnessed the incident of has any other information is urged to contact detectives at Southend on 101 or via Crimestoppers on 0800 555

Union leaders warn of biggest strike since 1926

THOUSANDS of public sector workers will go ons strike on Thursday, affecting schools and services throughout the county.

Union leaders say the walkout will be the biggest since the general strike of 1926 during the Great Depression.

The walk out will include teachers and NHS workers, Unite, Public and Commercial Services Union, and the GMB

over performance-related pay and pension cuts.

Teachers are also objecting to their excessive workload.

Education secretary Michael Gove said he wants to restrict public sector workers' right to strike and is attempting to draft up new legislation in a bid to limit the walkouts.

Firefighters, and civil servants are joining

the dispute.

Essex will strike on eight consecutive days from next week.

The FBU claims government proposals over changes to pensions are unacceptable.

Fire strikes will take place: Monday July 14 – 17 from 6am–8am and 5pm–7pm

Turn to page 6



Crowds flock to see Tour de France in

page 13

Yellow Advertiser

Yellow Advertiser Ltd, **Acorn House, Great Oaks** Basildon, Essex SS14 1AH.

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Lines close on Thursday, July 17, 2014. Entries received after the closing date will not be counted but may still be charged.

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and Sat (8am-6pm), Derix Healthcare Pharmacy, (opposite side of Leigh Primary Care Centre), 1065 London Rd.

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By Pat Higgins

southend@vellowad.co.uk

SOUTHEND-based boating enthusiasts marked the 100th anniversary of the start of the First World War by rowing the length of the River Somme – the scene of its bloodiest battle.

Thirteen members of Lower Thames Rowing Club, with boats in Benfleet and Leigh, spent nine 'emotional' days as they rowed 83 miles down the French

They took two gigs for their trip – a type of boat which trip organiser Ron Sverdloff believed had not made such a journey before.

During their pilgrimage they spent a night at a guest house in Auchonvillers run by English Avril Williams, which had been near the front line during the war, and its cellars used as a field hospital for injured troops.
"It was very moving as she pointed out

the inscriptions scratched in the brick-work by the wounded men," Ron said. They also visited the largest British war

memorial in the world at Thiepval, commemorating more than 72,000 British and South African men with no known graves

"Two brothers in our party with an unusual surname of Cornish derivation – Beswarick – found the name of an uncle on one of the memorial walls," Ron added.

"There were other memorials along the way – some much less formal and a reminder of the huge loss of life in the Second World War as well – like the bent remains of a propeller and engine in remembrance of the crew of Lancaster bomber ND 689 KMO.

"There were also plaques – sometimes

in remote spots - commemorating members of the resistance who had been executed by the Nazis," Ron said.

The group started their trip at the small village of Feuilleres at the junction of the

Canal du Nord and the Somme, spending four nights in Amiens, three in Abbeyville before rowing to the tiny fishing port of Saint-Valery-Sur-Somme.

An early problem with locks and red tape meant the two crews had to pull the heavy boats from the water, walk past the



PILGRIMAGE: Linda Nawrat, Ron Sverdloff, Jackie Jackson-Smith, Norman Beswarick, Gabrielle Budds, Pierre Therrien, Steve Gardiner, Stuart Budds, Shirley Gibson, Jim Skinner and Ken Paice in front of the boats

The facts...

■ The Battle of the Somme – or the Somme Offensive was fought between the British and French and the Germans

■ It took place on both sides

of the river Somme along a 16-mile front between Arras and Albert, between July 1 and November 18 1916, at which point it was called off. It is famous because of

58,000 British casualties (one third of them killed) on the

first day of the battle, which remains a one-day record. At the end of the battle the

British and French had advanced six miles at a cost of 419,654 British, 202,567 French and 465,181 German casualties.

British Legion, British Embassy in Paris and Commonwealth war Graves Commission commemorate the battle on July 1 at the Thiepval Memorial to the Missing.

Each year the Royal

"It was a marvellous nine days with a whole range of emotions as we rowed the Somme.

"We came home, but we will never forget the one-way journey made by so many young men some one hundred years ago." Ron said. Solitary mark start of war

JUST one light will be left burning in civic buildings across Rochford as the council marks the 100th anniversary of the start of the First World War.

The civic suite in Rayleigh, Old House Rochford and Rayleigh Windmill will be plunged into darkness – expect for that one light – from 10pm to 11pm on Monday, August

The council is joining local authorities nationwide in this lights out project and is asking town and parish councils across the district to join it.

The project comes from the government department of culture, media and sport to complement a prayer vigil in Westminster Abbey at the same time the lights are extinguished.

It recalls the sombre words of Sir Edward Grey, Foreign Secretary in August 1914 as Britain's ultimatum to Germany was about to expire.

He said:"The lamps are going out all over Europe.

we shall not see them lit again in our lifetime."

A council spokeswoman said "It is a simple but effective way to mark the start of the First World war.

"The idea is to leave one light visible - it can be anywhere, in a stairwell or outdoor up-lighter.'

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lock until they found a suitable place to relaunch the boats.

"Despite our careful planning, we hadn't realised we needed prior authorisation from HQ in Amiens for a local lockkeeper to be on hand to see us through the lock," he explained.

However, two locks later a friendly French bar owner, who spoke English well, intervened with the authorities. Concessions were made and by the end of their journey and man in an orange van would meet them at the locks to operate the gates.

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Officers sacked over misconduct

By Charles Thomson

brentwood@yellowad.co.uk

THREE Essex Police officers were sacked for 'significant' misconduct in the first quarter of 2014.

Five more resigned and two faced disciplinary action.

Offences included an 'inappropriate relationship' with a witness, 'inappropriate communications' sent to a female involved in a police incident and 'inappropriate profiles' made on social media

Seven of the eight officers who resigned or were sacked were banned from ever rejoining the force.

The cases were revealed in a report published by police and crime commissioner Nick Alston (Con).

Mr Alston said their contents would 'shock and disappoint' the public, but he published them in the name of 'openness

and transparency'.

Papers showed one officer was sacked over an 'inappropriate relationship with a witness', but gave no further details. Another lost their job 'without notice' over 'excessive force on a youth'.

A third officer was sacked after they 'ac-

cessed and disclosed police information regarding an incident involving a relative'.

Two officers resigned after committing crimes. One received a caution for 'inappropriately disclosing police information' and another was convicted of 'illegal possession of firearms'.

Another officer resigned after admitting breaching the Data Protection Act. They "accessed and viewed a large quantity of records... relating to their family, friends and associates'

The report said one officer resigned after creating 'inappropriate profiles' on

Essex Police refused to comment on the nature of the pages. A spokesman would only say they were created while the officer was offduty and the content was not crimi-

Another officer resigned after it was alleged they had 'visited a member of the public in order to obtain personal information

An officer received 'management action' after they 'sent inappropriate communica-tions to a female after attending her home to deal with an incident'.

Another was given 'management action in the form of advice' after a suspect reported suffering a broken wrist following an alleged 'unlawful arrest' and 'exces-

Seven officers who resigned or were sacked were placed on the national 'disapproved list' – which prevents them from becoming police officers in other areas.

Mr Alston said: "In the past, some of these cases would never have become known to the public and I am aware that there may be shock and disappointment at some of the details. The test of an organisation is how it deals with misconduct. Both Chief Constable Kavanagh and I are committed to ensuring that the culture of Essex Police is one where everyone understands the critical importance of high professional standards, and constantly strives to deliver the best possible service to the people of Essex.

Mr Alston said that although it was important to highlight misconduct, the vast majority of officers behaved properly and professionally. In the same threemonth period, 16 officers were commended and two received certificates of merit for work beyond the call of duty.



Police commissioner Nick Alston revealed misconduct to preserve 'openness

The facts...

- An officer is suspended while Essex Police's Professional Standards Department (PSD) investigates allegations they were in possession of indecent images.

 An officer is due to
- stand trial following a PSD investigation into an alleged sexual assault on a female suspect. Papers said a second victim made similar claims.
- Three officers face a gross misconduct hearing after an Independent Police Complaints Commission (IPCC) investigation into a complaint that a sexual offence was 'investigated
- poorly'.

 Several officers face a misconduct hearing after an IPCC probe into their investigation of a sexual offence.
- An officer is suspended as PSD investigates an alleged breach of the Data Protection Act and conspiracy to pervert the course of justice.
- PSD is probing officers' conduct in the search for Michael Redmond, whose body was found on Basildon Golf Course in August 2013. His family raised concerns over police interaction with Mr Redmond before his disappearance, the urgency of the search after he went missing, and how his body was missed during an early search of the course, only to be discovered there six weeks later.



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Disciplinary process fair and rigorous

COMPLAINTS were upheld against more than 40 Essex Police officers between January and March 2014.

Papers released by police commissioner Nick Alston showed 27 complaints were upheld against police constables, nine against police sergeants and two against detective constables.

Complaints were also upheld against a detective sergeant, a special constable and an inspector.

Five members of police staff were found to have committed misconduct as well.

The papers showed two PCs and two police sergeants breached the Police and Criminal Evidence Act regarding the detention, treatment and questioning of suspects. They were all dealt with by 'management action'.

One PC was found to have committed an 'assault' and was dealt with by 'management action'.

In one case, three PCs, one police sergeant and one member of police staff were found to have carried out an unlawful arrest or detention. They were dealt with by 'management action'.

Two more PCs carried out unlawful arrests or detentions in separate cases and got the

an spanie cases and got the same punishment.

In another case, a PC and an inspector were both found guilty of 'neglect of duty' and 'irregularity in evidence' and received 'management action'.

The most common misconduct was 'neglect of duty', committed by nine PCs, three police sergeants, three members of staff, two detective constables, one detective sergeant and an inspector.

and an inspector.
Nick Alston said: "When Essex police officers and staff do their best and act in accordance with their training, with integrity, and with compassion, they should expect and will receive support.

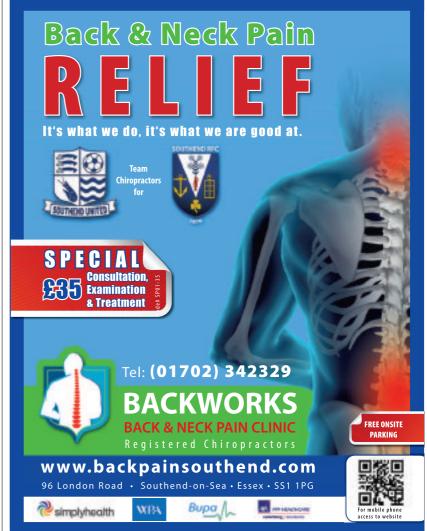
"Where this does not happen, I expect there to be a fair but rigorous disciplinary process.

"In reviewing the quarterly reports, I am aware that several of the cases involved inappropriate access to police systems. It is essential that officers and staff understand that there must be a legitimate policing purpose before police systems are accessed or searched, especially if we are to retain public confidence in policing. "I also note that some of the

"I also note that some of the cases involved inappropriate contact with victims or witnesses. This is a matter that I will continue to raise with chief officers. Officers and staff regularly come into contact with individuals who are in a vulnerable condition.

"Police officers are figures of authority. They and their colleagues must act responsibly and professionally at all times, and never abuse that vulnerability."

What do you think? Write to Readers' Letters, Yellow Advertiser, Acorn House, Great Oaks, Basildon, Essex, SS14 1AH, or e-mail letters@yellowad.co.uk





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Youngsters get set to sleep rough for charity

A CHURCH in Leigh is raising funds for children and young people on the cusp of homeless-

Leigh Road Baptist Church (LRBC), in Marguerite Drive, is delivering the Sleep Easy in Churches pilot for local children's charity, Southend YMCA.

Based around the Southend YMCA Sleep Easy campaign, participants sleep rough overnight for 12 hours raising awareness of homelessness.

The event is being held by young members of the congregation and they will be sleeping in the church gardens with nothing to house them but a sleeping bag and cardboard box.

LRBC youth group member Michael Willcock, said when he heard about Southend YMCA doing something about home-lessness he wanted to help.

The 16 year old said: "The

Sleep Easy in Churches fundraiser is our response to raise aware-ness and make a difference to those our age, but less fortunate."

All money made through the event will go towards supplying housing provisions for young people in the town.

Tom Moulton, Sleep Easy coordinator said he was incredibly moved by the support from

He said: "The fantastic thing about Sleep Easy is the participants can really see the fruits of their labour.

"With Sleep Easy they can really see something physical, bricks and mortar, leaving a lasting lega-cy in the form of new housing for truly vulnerable young people

The event is on Friday, July 11, between 7pm and 7am. Visit www.southendymca.org.

uk/sleepeasyinchurches



SLEEP EASY: Young members of the Leigh Road Baptist Church who are sleeping rough for the night to raise money for Southend YMCA

FOUR Second World War veterans from Essex took to the skies again thanks to two local private pilots and Southend Airport.

The former aircrew from Hockley, Benfleet, Shoeburyness and Leigh, took a day trip to Gloucester Airport to meet up with their wartime colleagues.

The trip was arranged by Project Propeller, where private pilots fly veterans to the annual reunion with the airport involved – this year Southend - waiving all take-off and landing fees.

The veterans were Michael O'Connell from Hockley, a wireless operator / air gunner, who served on Lancasters in 621 and 38 squadrons, Leslie West from Shoeburyness with No 48 Far East Air

Force flying Wellington bombers and Dakota transports, and wireless operator / air gunner Bruce Brinson from Benfleet also on Lancasters in 106 squadron, Wing Commander Guy Gibson's squadron before he led the famous Dambusters raid with 617 Squadron.

They were joined by Derek Rowe, a training command pilot from Leigh, whose son Dave was one of the two local private pilots taking the veterans to Gloucester, along with Mike Biddulph.

David Lister, Southend Airport operations said "We are delighted to be involved, it is the least we can do to give a little back to these people who fought for our freedom."

> speedread

Motorcyclist injured

POLICE officers are appealing for witnesses to a collision which left a young man was serious

injuries.
A white Honda motorbike was in collision with a blue VW Golf on Eastern Avenue at the junction of Bournemouth Park Road at 1pm on

Thursday, July 3.

The 19-year-old motorbike male rider from Westcliff, was airlifted to the Royal London

He is currently stable and being treated for serious pelvic injuries. The car driver, a local man, aged 80, was uninjured.

Part of Eastern Esplanade was closed for several hours.

Information to PC Paul Calpin at Laindon Road Policing Unit on 101.

Quartet arrested

FOUR men from South London have been arrested in Southend on suspicion of abduction and other offences following an incident in Shoeburyness on Wednesday, July 2.

A pedal cyclist was seen being bundled into a car in Elm Road by four men at about 10.10pm.

Police identified the car which was found and stopped a short distance away in the Prittlewell

The victim, who is 24 and from Southend, was safely recovered and four men arrested.

He had received minor assault injuries and has given a statement to police.

The arrested men are aged 21 and 26 from SE

London, 26 from SW London; 24 from Sevenoaks, Kent.

Police ask anyone who saw any part of this incident or has any information about the circumstances leading up to it, to contact investigating officer DC Adam Coombes at Southend CID on 101 or Crimestoppers on 0800 555 111.

What do you think? Write to Readers' Letters, Yellow Advertiser, Acorn House, Great Oaks, Basildon, Essex, SS14 1AH, or e-mail letters@yellowad.co.uk

Strike action

From front page
Friday July 18, 6am–8am and 11am–1pm
Saturday July 19: 11am–1pm and 11pm-1pm

Sunday July 20, 7pm–9pm
Monday July 21: 6am–8am and 5pm–7pm
Matt Wrack, FBU general secretary, said:
"The government must realise that firefighters cannot accept proposals that would have such devastating consequences for their futures, their families' futures — and the future of the fire and rescue service

"We have tried every route available to us to make the government see sense over their attacks

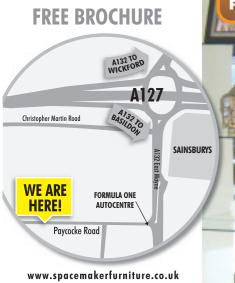
The Government has criticised the strike action.

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BIRTHDAY: Cllr Graham Longley, former directors of the Cliffs Pavilion since its opening, Leslie Cullen, Mike Presling and Chas Mumford, current director Ellen McPhillips and Cllr Nick Harris raise a toast to the theatre's 50th birthday

Celebrate Cliffs Pavilion

THE CLIFFS Pavilion is celebrating its 50th birthday.

The venue has hosted top names

in that time including Sir Paul McCartney, Morecombe and Wise,

Jimi Hendrix, Bette Davis, Sir Cliff Richard, Mickey Rooney and Andy Williams.

More recently, top name have included Robbie Williams, Oasis,

Gary Barlow, One Direction, Joan Rivers and Billy Connolly amongst those appearing in recent

The theatre will be open to cele-

brate on Sunday August 17, for patrons to access all areas and view just some of the Cliffs Pavilion's archive as part of a spe-

cial Open Day.

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Care home raises money to help brave youngster



BRAVE: Russell Duffield with his mum Sandra and support Russell's appeal.

YOUNG Russell Duffield's wish to 'walk like his sisters', despite cerebral palsy, touched staff and residents at a Rayleigh care home.

Frances Cottee Lodge care home, in Clarence Road, Rayleigh, decided to hold a fundraising coffee and cake sale to help with the costs of the intensive physiotherapy he needs following a lifechanging operation.

Charity Precious Kids helped raise the £28,000

for surgery at Great Ormond Street Hospital to disconnect the defective spinal nerves that cause paralysis in Russell's limbs. Now Russell needs further treatment, which will

cost £7,500, but will increase his mobility and

enable him to go to mainstream school.

The Essex home's £100 donation will go towards the intensive physiotherapy he needs.

Josie Hart, from Rochford Housing, which is

responsible for the Rayleigh care home, said: "We hope this donation will help his family reach their much-needed fund target so Russell will be able to lead a happy life – and walk like his sisters."

Russell was 18 months old when he was diagnost with probability and help with his care and sink in the salest in the sales

nosed with cerebral palsy, which is a neurological condition that leads to spasms and stiffness of the

At first it was thought Russell would have to go to America for the operation, but after he went to a specialist clinic in Scotland for pre-op therapy last November the London hospital was able to carry out his surgery.

Precious Kids grants officer, Kirsty Samuels, said: "We were astounded to have been able to raise the money for the operation in just two years, we are also on target for the cash to cover his physiotherapy."

Visit www.preciouskids.org.uk to donate online

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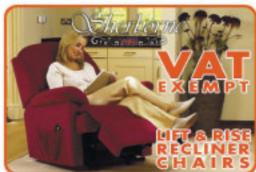




















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PELOTON: The field rides through Woodford

Pictures by Martin Dalton

Tour de Essex

TENS of thousands of people turned out for the third stage of the Tour de France as it raced through Essex on Monday.

through Essex on Monday.

The 96-mile route from Cambridge to London, with fans lining the roads from Saffron Walden, to Braintree, Chelmsford, and Epping.

Drivers were diverted around road closures,

Drivers were diverted around road closures, but police said there were no major disruptions. A sprint finish saw Marcel Kittel claim his first





COVER: A rainstorm could not dampen the crowd's spirit in Woodford

Picture by Martin Dalton



CROWDS: Cycling fans watch riders through Chelmsford

Pictures by Martyn Dolton

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RECUPERATING: Dexter the greyhound 36 hours after surgery (above) and a week on (above

lood brothers

TWO GREYHOUNDS have become blood brothers - literally - after one was given a life-saving transfusion from the other.

Dexter was taken to a Rayleigh vet and diagnosed with a torn muscle and internal bleeding, which needed immediate surgery.

However the bleeding could not be stopped during the operation because the dog suffered from rare blood condition, haemophilia and the chances of recovery looked grim.

Dexter's only hope was a blood donation from another dog.

So his brother Timmy was rushed to the clinic to

see if he was a blood match – and he was. Following the transfusion Dexter is on the mend. Vet Catalina Thiersen said: "Dexter's injury is not uncommon in greyhounds, however because

he suffered from haemophilia, a tear like this can often be fatal. Very few animals like this recover he is a very lucky dog.
"There is no doubt Dexter's brother saved his life

by donating blood, so if any dogs deserve extra fuss and attention it's this pair!"

Owner Samantha Haynes brought Dexter to YourVets24 in Brook Road, after she noticed he

was behaving strangely – whenever her husband tried to stroke him, the dog yelped in pain.

Samantha said, "It was terrifying to hear that Dexter was in a life-threatening situation – all I can say is 'thank goodness the vet thought to test Timmy – and thank goodness he was a match!'
"At one point we didn't think he'd make it, so we

couldn't be more grateful to Catalina whose fast actions saved Dexter's life.





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Opinion and readers' letters

Call for sexual health summit

WITH the rainbow flag being flown at the Civic Centre by leader and mayor, it really signifies the belief of the majority of council just how much we support the diverse com-munity but with that are other responsibilities and one of them is to be watchful and pro-active about sexual health. The council under both

administrations are making progress and the integrated sexual health programme is taking shape, with an opportunity for member input.

Eventually we all get old and I wonder what we can do for an older LGBT community, can a sheltered unit make provision for older same sex cou-

ples? Will we maintain these excellent housing units? The HIV incidence is too high in Southend. This is too typical of a seaside town, especially one so satellite to London.

The aids campaign of the 80's "Don't die of ignorance" may well have been frightening but it saved lives.

Surely we need to re-promote this in schools and at civic level? I have asked that we hold a sexual health summit to profile what more needs to be done in Southend and put this high on my civic agenda.

Cllr Mark Flewitt

Leigh on Sea

Gateway plan a waste of money

I REFER to the plan by Southend Council to plant trees and install seats at Victoria

What a waste of money! Plans to hold events in the area as well? It's a dead area created by a planning department that appears to be unaware of traffic flow and it has at least four pedestrian crossings in the space of 100 yards; all apparently unco-ordinated with the traffic lights.
Unfortunately the junction is

the main route from west to east across Southend, the shared space on the seafront is a no go area as is Priory Crescent for traffic.

Money and thought should go into a proper traffic management plan for the whole area. Silk purses and Sows ears spring to mind unfortunately!

Eric Hoile Eastwood

Appeals on housing proposals

appeal in order to gain permission to build 165 home on the green belt site known as Glebelands is due to be heard in the Court of Appeal on 10/11 Nov 14.

Following this, Persimmon Homes whose appeal to build 265 homes on Jotmans Farm green belt fields is being held in abeyance until after the Glebelands result is announced.

Relevant CPBC reference numbers on their Planning Application website are CPT/7/12/OUT and CPT/122/13/OUT respectively.

Thomas Smith
S Benfleet

Thanks for your donations

THANK you to all in Hockley, Hawkwell, Hullbridge and Ashingdon, who once again responded so generously during Christian Aid Week.

Street Collections in these areas, on May 16 and 17, raised £273.68 whilst House to House collections and other events brought the

total to just over £2192. The money will go towards funding development projects withing the projects withing the projects. in the world's poorest communities, as well as providing emergency aid for victims of war and natural disaster. Many

thanks again to all involved.

Kate Pryor (CAW Organiser
Hockley Area)

...and there's more

TO my family, friends and neighbours at Jotmans Lane.

We did it again, raising £600 $\,$ for cancer research.

Many thanks for your support.

lune Winter Jotmans Lane Benfleet

Surgery not the best solution

AS a recently elected councillor for Wickford Castledon ward, which includes the site for the proposed new 'GP surgery' on Wickford Market, I would like to state the follow-

First, the newly elected councillors, me included, have been elected to fight for what is best for Wickford, and that is what we will do. If it means upsetting the norm that is what

will have to happen.
Unfortunately some of the decisions were made by the former administration - moving a doctor's surgery from A to B which is what has been proposed is not the best solution for Wickford and this is one of the decisions made before our election

Since the local elections in May we have worked hard to gather information on all sides to find the best solution, regardless of politics, and we feel the best outcome is a 'medical centre' rather than a GP surgery. We are working hard to this end.

Unfortunately the Conservatives are trying to use the people of Wickford as a political football and we will not stand for that.

Your UKIP councillors have involved the Wickford conservative councillors in all the discussions we have had. It is UKIP councillors leading the fight for the best health provision in Wickford.

Perhaps the Conservatives do not like this after all their years of dominance and false

Councillor Alan Ball

Joining a credit union makes sense

THE recent reports that pay-day lending company Wonga was sending out fake solicitors' letters to cash-strapped customers who couldn't afford their fees to frighten them is just further evidence of why people should take great care before borrowing money from

a payday lender. Of course most of us have to borrow money from time to time, but there are real alterna-tives to paying the cripplingly high interest rates that are charged by all payday loan

companies.

The good news is that the whole of London is now covered by a network of credit unions, which are financial cooperatives, owned and democratically controlled by their members.

Credit unions allow people to start saving small amounts of money, but also to borrow money at reasonable interest rates. They are a real alternative to payday lenders, let alone illegal door-step lenders.

Joining a credit union makes sense for everyone. The more people who belong to a credit union the less opportunities there will be for the likes of Wonga, other payday loan

companies and loan sharks.

Stephen Knight Liberal

Democrat London Assembly Member

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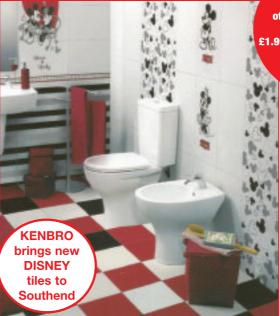


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Report criticises courts o state of custody facilities

By Charles Thomson

basildon@yellowad.co.uk

COURTS in Southend have been criticised for keeping prisoners in 'dirty' cells and not prioritising children and vulnerable people.

The criticisms appeared in a report by Nick Hardwick, HM Chief Inspector of Prisons, on court custody facilities across Essex.

Mr Hardwick said custody areas at Southend Magistrates' Court were 'dirty' and covered in

The report claimed prisoners, including those who were awaiting trial and had not been convicted of any crime, remained in the court cells until the late afternoon, 'with no obvious reason for the delay?

The report read: "Court custody staff told us that vulnerable detainees, children and young people were not always prioritised by the court to ensure that they did not remain in court

It blamed a 'persistent and pressing' staff shortage for 'poor work practices' which 'adversely affected the care of detainees'.



TOAST: Winner Sonny Williamson

Sonny's pot of gold

SONNY Williamson has found his pot of

The unemployed 29-year-old won £100,000 with a National Lottery Rainbow 2014 scratch card he got when he popped out for a pint of milk and paid £1 for a scratchcard to get change for his mum

The Canvey Island bachelor, who lives with his parents, plans to his use his winnings to train as a plumber or electrician to ensure his

He said: "Now I can get my life back on

The report said: "Care of detainees should have been much better. Staff had little training in looking after and safeguarding young people and they had not been briefed about the particular needs of detainees who were members of minority groups

"Staff did not inform detainees of their rights in court custody and sometimes failed to follow basic procedures to safeguard those who were potentially vulnerable.

"Detainees who could not speak English could be remanded in custody without anyone explaining to them what had happened and where they were being taken.

"At most courts there was excessive graffiti and at some the toilets lacked privacy. Some

women and men were transferred in the same vehicles, providing opportunities for female detainees to be harassed."

HM Courts and Tribunals Service (HMCTS) and contractor Serco Wincanton, which provides custody and escort operations for HMCTS in the south east, both promised improvements.

A HMCTS spokesman said: "We will be working closely with Serco and the National Offender Management Service to deliver a joint action plan which addresses the inspectorate's recommendations as soon as possible

"HMCTS continues to monitor staffing levels across the contract area. Serco is recruiting

externally to ensure that all courts and

David Holdsworth, partnership director for Serco Wincanton, said: "We are already making good progress in a number of areas. Since the inspection took place in January, we have recruited 66 new prisoner custody officers, introduced a new two-week management training and development programme, established a new professional standards team, independent of the operation, to undertake regular inspections and audits of the business and share and embed best practice, and introduced a joint communication and escalation protocol between HMCTS and Serco across all courts.'





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What's more, all of its work is fully insured and guaranteed, giving you reassurance that your new bathroom will stand the test of time, and cater for all your family's needs.

Customer testimonials include those of Val from Basildon who says she "would definitely recommend to family and friends", and Jan from Lee Chapel South who said: "Good, reliable, trustworthy company. Highly recommended."

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but should perhaps have been re-christened Once Again - sees

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Shot against the backdrop of New York's iconic landmarks, this hugely

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blessed with strong performances and an infectious soundtrack. Greta (Keira Knightley) comes to

Manhattan with her boyfriend Dave

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"We don't want anything to stand in your way," a record exec tells Dave,

Touring and promotion put a strain

cumbs to his new found celebrity by

Kohl (Adam Levine), who has just

casting a wary glance at Greta.

"I'm just tagging along," she

on the relationship and Dave suc-

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Cinema



ON SONG: Kiera Knightley

cheating on Greta.

She flees their swanky apartment in tears and crashes at the apart-ment of old friend Steve (James Corden), who busks for his supper.

Soon after, Greta crosses paths with down-on-his-luck record exec-utive Dan (Mark Ruffalo), who has just been fired by his business partner (Mos Def).

Dan is transfixed by Greta and boldly tells her, "I want to make records with you".

He comes up with a simple concept - recording an album in different locations around the city - and ropes in various musicians to enrich Greta's sound including good friend Trouble Gum (CeeLo Green).

As the project gathers momentum, Greta reassesses her failed relationship and Dan rebuilds bridges with his teenage daughter (Hailee Steinfeld) and estranged wife

PA Photo/Entertainment One

(Catherine Keener).

Begin Again dances to the same beat as Once, albeit with a starrier cast including Maroon 5 frontman Levine, who makes a solid acting debut.

Knightley and Ruffalo are an attractive pairing, the latter giving parenting a bad name when he takes his daughter to a bar and asks her to pick up his beer tab with her pocket money. "I spent that on condoms," she

tells him, enjoying her father's embarrassment.

Corden provides additional comic relief.

Musical sequences are full of energy including a blistering guitar solo from Steinfeld on a rooftop rendition of the film's best song, Tell Me If You Wanna Go Home.

We don't.

Released: July 11

Stage

Show offs improvise an entire musical show

From page 19

The show, produced by the world famous Science Museum in London and suitable for everyone aged seven and over, is unique theatrical experi-ence that builds on success of the show's original run last year, thanks to its award-winning creative team.

As well as being directed and co-written by Martin Lamb, who has worked with English National Opera and the V&A, The Energy Show boasts a creative team who have collectively worked nationally and internationally on more than 500 shows, including productions on the West End and Broadway, and have won a number of awards including a

won a number of awards including a Tony Award, a Village Voice OBIE and a Theatregoers' Choice Award. Martin said: "The Energy Show is a dynamic and fresh way for young people to engage with science, weaving together the best elements of a traditional line release about of a traditional live science show with the storytelling features of family theatre. Audiences will enjoy an engaging experience, no matter their background in science.

THE SHOW OFFS IF you love musical theatre as well

as something different then The Show Offs have the perfect performance for you at the Thameside Theatre, Grays,

They will completely improvise a musical from start to finish with help from the audience who choose location settings, song genres and titles, and much. much more. What follows is a series of ridiculous events on a journey that will take you, well, just about anywhere.

The Show Offs are returning to Thameside Theatre, on Saturday, July 12, following their last hit performance and their appearance is

not to be missed.

Having only been founded during the spring of this year, The Show Offs have already proved they are a troupe of highly skilled improvisation comply actors and published. comedy actors and musicians.

Their founder and director, Luke Coldham, who has vast experience in the comedy sector, wanted to give actors and musicians a chance to put their skills to the test, and he has done just that.

After auditioning many talented performers, Luke's final line-up for The Show Offs was Charlotte Bloomsbury, Richard Butler, Tim

Gutteridge, Liam Mansfield and Ben Thornton, with musical direction from Kieran Stallard.

Mark Allinson, Thurrock Council arts manager, said: "After their last knock-out show, The Show Offs are back at the Thameside Theatre for another hilarious evening of impro.

"This highly professional comedy troupe are the best in the business." They completely improvise a musical from beginning to end with help

from the audiences suggestions. "This show is suitable for all and guarantees laugh out loud moments from start to finish.

"Everyone needs to see this show at least once, because the next time you see it, the show will be a completely different musical."

For tickets and further information about The Show Offs performance at Thameside Theatre, Grays, on Saturday, July 12, call the Box Office on 0845 300 5264 or visit www.thurrock.gov.uk/thameside-theatre

Tickets for Science Museum Live are available from the Cliffs Pavilion Box Office on 01702 668026 or by visiting www.southendtheatres.org.uk

N first impressions the outside of Old Soar Manor actually looks more like a church but an exhibition in one of its rooms tells a whole different story.

The former knight's house is a rare survival from the time of Edward I and was home to the rich Culpeper family, who originated from Aylesford in Kent .

Dating back to 1290, it was constructed in Kentish rag-stone as a fortified manor house, and proclaimed to the world the wealth and standing of this important family.

As the Culpepers enjoyed a standard of luxury that most people could only have dreamt of, their manor house was designed to be defended against thieves and robbers that would have roamed the countryside at the time.

The only external entrance to the house now is through the wide doorway that leads into the undercroft, which would have been used to store the family's supplies. Its pointed barrel vault roof, made of stone and mortar, would have possibly protected expensive spices imported from abroad, instead of being entrusted to the cook in the kitchen, as well as the finest wines for entertaining important guests, which would have been kept under

the lord's own key.

Their money, jewellery and other valuables would have been kept in locked chests on the first floor, beyond the spiral staircase which would have been the last means of defence against intruders for the family sheltering upstairs. Two doors, one from the undercroft and another from the great hall - which is no longer there – would have protected the base of the staircase, that spirals clockwise so someone can defend with their right sword arm, while at the top the ancient door opens outwards so the family could pull the door closed behind them in retreat.

The first floor is made up of three rooms – the private quarters of the Culpeper family – including a great chamber with a fireplace and chimney, a small chapel and a privy

or earth closet.
While in previous years lords would have spent much of their time among the ceaseless activity in the great hall - which would have stood where an adjacent red brick Georgian farmhouse now stands – there was a new fashion for privacy for those who could afford it, and the Culpepers preferred to detach themselves from their servants in their private quarters.



While the Culpeper family left the manor 300 years later, the knight's house continued to survive because it had been extremely well built. Generations of farmers found the building useful and in 1947 it passed to the National Trust, securing its future for many years to come.

While the old manor house is

open for visitors on selected days, there is no one there to greet you, or any facilities, as it is very much a self-guided place to look around.

Please also be aware that Old Soar Manor is in quite a rural location in Kent and the approaching roads are extremely narrow. As many places had only room for one car width, we

did have to manoeuvre around some horses and two tractors on our route so be warned that if you would like to visit the old manor then drive with

caution.
*For further information about Old Soar Manor visit wwwnationaltrust.org.uk or

www.english-heritage.org.uk

You can read previous days out Liz and her boys have enjoyed by visiting www.yellowad.co.uk and clicking on blogs









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what's on

To have your event considered for publication, send the details AT LEAST 10 DAYS before the issue date to: What's On, Yellow Advertiser, Acorn House, Great Oaks, Basildon, SS14 1AH. You can e-mail us at letters@yellowad.co.uk PLEASE NOTE: We cannot guarantee that all entries will be included. will be included.

However, you can add the details of your event to our website at www.yellowad.co.uk

Saturday, July 12

- West Canvey Walk, The Walking Partnership, Meet at free car park, Roscommomn Road. Nice easy flat walk, Graham W 07860 738777.

- Graham W 07860 738777.

 Celebrate the USA, 10.30am-1pm.
 Canvey Methodist Church, Waarden
 Road, Sloppy Joes, Brownies, & other
 goodies for sale.

 Rayleigh History Walk, 3pm from
 Rayleigh Windmill, Bellingham Lane, off
 High St. 22 pp, info: 01268 775328.

 Yugioh Club, you can play and trade
 yugioh, 120 Southend Road, St
 Catherine's Church Hall, Wickford, SS11
 8EB, there are mini tournaments,
 Saturdays 1.30-4.20pm. 07985 671289.

 Dad's and Kids Club, The Megacentre,
 Rayleigh, Saturdays 10.30am-1.30pm,
 free admission, garnes, activities, arts and
 crafts, for boys and girls 5-17 years with
 their fathers and father figures. 01268
 779100.

 Saturday Morning Club, St Michaele.
- Treir latriers and latrier ligures. 01208
 779100.
 Saturday Morning Club, St Michaels
 Church Hall, Leigh Road, every Saturday
 10am-noon, entertainment provided by choirs, soloists, musicians, refreshments
- Choirs, soloists, musicians, refreshments, admission free, Inter-Church Caring for the Elderty and Disabled. 01702 437863. Meeting, Brush Strokes Art Group, Highlands Methodist Church, Leigh, every Saturday 9.15am-12.15pm, new members welcome. 01277 627043. Different Strokes Exercise Class, St
- eter's Church Hall, Eastbourne Grove, outhend, for those who have had a troke, every Saturday 2.30pm. 01702
- Jazz Workshop, Southend Jazz Co-op, Hadleigh old Fire Station, Hadleigh every Saturday 10am-1pm, £5 per ses-sion (concessions available).

Sunday, July 13

■ Dinner Jazz, Westcliff Hotel, 1pm,

- 01702 345247.
- 01702 345247.

 Canvey Minature Railway Train Rides, stitated by Waterside Sport Centre, Somnes Ave, Canvey Island, SS8 9RA. Running every Sunday until 12th October, 2014. Open from 10.30am-4pm, choice of two railways, steam and electric locos. Adults and children £1 each ride, all welcome weather permitting.

www.yellowadvertiser-today.co.ul

- Adults and children £1 each ride, all welcome, weather permitting.

 The Hockley & District Horticultural
 Society trading hut, February through
 October, 10am til 12 noon, for all your
 gardening sundries, membership £3, sit
 ated behind Hawkwell Village Hall, Main
 Road, Hawkwell.

 Jazz, Ron Spack's Dinner Jazz,
 Westcliff Hotel, Westcliff, 1pm. 01702
 345247
- Sunday School, Get on Board (No Charge) at The Ark, Hadleigh Methodist Church, Chapel Lane, SS7 2PQ, every Sunday 11am-noon, age 3-10 years. 07585 601815 or 07967 913344.
- 07585 601815 or 07967 913344.

 Quaker Meeting for silent worship and meditation, Quaker Meeting House, Dundonald Drive, Leigh, Sundays 10.30-11.30am, followed by conversation over tea and biscuits, all welcome.

 King's Church Southend at Blenheim School, off Blenheim Chase, Leigh, every Sunday 10.30am-noon, a church where knowing Jesus makes all the difference. 01702 523639.

 King's Church Tarpots at St Many's

- knowing Jesus makes all the difference. 01702 523639.
 King's Church Tarpots at St Mary's Church Hall, High Road, Benfleet, every Sunday 10.30am-12.30pm, church but not as you known it. 01268 750520.
 Greek Community of Southend and District, Church of St Barbara, St Phanourious and St Pauls, Salisbury Avenue, Westcliff, every Sunday 10am-noon. 01702 466435.
 Sunday Club, TGH Evangelical Church, Kiln Road, Thundersley, (children 3-12 years), Bible stories, craft, singing, every Sunday 10.45-11.45am, no charge, further details 01702 554904.
 Mojo Friendship Club, Travellers Joy, Downhall Road, Rayleigh, 11.30am, meet weekly, open to all, details Mo on 07757 658799.

Monday, July 14

- Jazztet with Ian Thompson saxa-phone/Gareth George guitar, Oakwood Rayleigh Road, Eastwood, 8.30pm, 01702 512819.
- Beginners Art Class, Women's Institute ■ beginners Art Class, women's institute Hall, Bellingham Lane, Rayleigh, 10am-12pm or 1-3pm. 01702 615475.
 ■ Leigh Scrabble Club, 7-10pm. All stan-

- dards welcome. Welsley Hall, Leigh Broadway, Leigh-on-Sea. Just turn up or call Peter on 01268 727915.
- George Hurd Centre, Basildon, for the over 50's. Craft: 10am-12pm, Taichi: Whist 9.45-12.30, 10am-12pm, Art: 12.30-2.30pm, Choir: 2.30-4pm, Indoor bowls: 2-4pm. £2, 01268 465854.
 ■ Senior Citizens Club, Benfleet's No 1 Club, Richmond Hall, Benfleet, meets Mondays 1.30-3.30pm, entertainment, all
- welcome.

 Southend Christian Counselling
 Service, do you need to talk, open to all,
 Mondays 5.30-7.30pm and Thursdays 7.30pm, further details call our 24 hour
 answer machine 01702 335252 and we
- answer macnine 01702 335252 and we will get back to you.

 Over 50's Keep-fit Classes, Fryerns Community Centre, Monday afternoons, further details Pat 01268 770294.

 Over 50's session. Megacentre Rayleigh, 7 Brook Road. Badminton and Table Tennis 24,0m € 35 includes ergreshments and
- 2-4pm. £3.50 includes refreshments and equipment. 01268 773100.
- Activity Session for adults with special needs, (term time only). 10am-12pm. The Megacentre, Rayleigh, 7 Brook Road, Rayleigh, £1 per session, no charge for
- carers.

 Duplicate Bridge, Balmoral Bridge
 Club, Highlands Methodist Church, Olive
 Avenue, Leigh (opposite Thames Drive),
 Mondays 1.15pm-4.30pm and Tuesdays
 7pm-10.30pm, call Vernon on 01702
 343611 or Tony 01702 520993.

 Duplicate Bridge, Thorpe Bay Bridge
 Club, 62 Southchurch Boulevard,
 Southand non-members of all etandards
- Club, 62 Southchurch Boulevard,
 Southend, non-members of all standards
 welcome, Mondays 2-4.45pm (no partner
 needed), evenings 7.30-10.30pm, call
 Danny 07843 771774.

 Weekly Craft Workshop, St Peter's
 Church Hall, Thundersley, Benfleet, every
 Monday 6-8pm, further details Michelle
 0730 582784.
- 07/30 582/84.

 Basildon Players Amateur Dramatic Group, Mondays and Wednesdays 8-10pm, James Hornsby High School, Leinster Road, Laindon, further details Jeff Levy 07951 681582 or email
- Jeft Levy 0/951 681582 or email join@basildonplayers.co.uk
 Zumba, Pitsea Day Centre Over 50s, Northlands Pavement, Pitsea, every Monday 9.15-10am. 01268 465432.
 Beginners Computer Course, Pitsea Day Centre Over 50s, Northlands Pavement, Pitsea, every Monday, 11am-1pm. 01268 465432. Club 60. Southend, various activities
- every weekday, 9.30-4pm, tea bar, non-members welcome, £2 day pass, details

- 01702 613562. Short Mat Bowls Club in Hadleigh, new hall all mod/cons, 4 mats, Monday and
- Short Mat Bowls Club in Hadeleigh, Hadeleigh, New Mall all mod/cons, 4 mats, Monday and Wednesday evenings welcomes new members, Canvey Short Mat Bowls Club, please ring Kevin on 01268 792433.
 Short Mat Bowls, Monday/Tuesday afternoons in Thundersley, beginners welcome, details 01268 779174.
 Indoor Short Mat Bowls, Prittlewell Bowls Club, Priory Park, Southend, two mats available, with 5 day sessions, Monday to Friday, new players welcome, details Ray 01268 777666.
 Indoor Bowls, George Hurd Centre, Audley Way, Basildon, for over 50s, Mondays 2-4pm, Tuesdays 2.15-4.45pm, Wednesdays 1.30-3.30pm. 01268 465854.
 Whist, George Hurd Centre, Audley Way, Basildon, for over 50s, every Monday 10am-noon, details 01268 465854.
 Senior Citizens Club, Chyligrove Centre, Butneys, every Monday 1.30-3.30pm, make friends, bingo, trips. 11268 29396

- 3.30pm, make friends, bingo, trips. 01268 293995.
- 012b8 293995.

 Pensioners Stall, York Road Outdoor Market, Southend, every Monday and Thursday 8am-2pm.

 Evening of Clairvoyance, Room 2, Paddocks, Long Road, Canvey, every Monday, doors open 7.30pm, admission £3, all profits donated to local charities,
- £3, all profits donated to local charities, healing available after service 9pm, enquiries 01268 691922.
 Healing, every Monday in Basildon from 10.30am-4pm, qualified NFSH healers, no charge, all donations to local Hospice, call 07956 353564 for an appointment.

- no charge, all donations to local Hospice, call 07956 353564 for an appointment.

 Development Healing Circle, Face Salon, Burdett Avenue, Westcliff, an understanding of spiritual healing and prayer, every Monday 8-9.30pm, further details 07879 004744.

 Fitness Walking, from Leigh Tennis Club, Highlands Boulevard, Leigh, every Monday and Thursday 7.15-8.15pm, further details 01702 715509.

 Scrabble Club, Wesley Church Hall, Elm Road, Leigh Broadway, (opposite police station), friendly club, beginners welcome, no partner needed, every Monday 7-10pm, 23 including tea/coffee, just turn up or call 01268 727915.

 Parent and Toddler Messy Play Group, Buttercup Club, St Michael's and All Angels Church, Sir Walter Raleigh Drive, Rayleigh, Mondays 9.30am and 11am. 01702 712150.

Tuesday, July 15

■ Art Class- beginners and experienced



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IAN McINTOSH MUSICAL THEATRE

sh is at present playing/shoring the title role of DECO in 'The Consti He is joining Sandra Singer of her Summer School to work on numbers from the lift show 'Book of Ages' where he played the note of Frenz in the original West End cost. Other smaller include. Clouds in 14sh', Understudy Tray in "High School Intuical"(LIK tour), last is leaking forward to a never-visit at Singer Summer School this year

AIMEE SINGER COMMERCIAL DANCE

ed at Singer Stage School and The Undang Academy. Her performance credits include: Dancer for B Americand or Single stoge School and the Uniting Academy, they percented as described in the option of the United States of the option of the States of the Option of Option of Option of the Option of Option of Option of Option of Option of Option of the Option of Option o High School Musical 2

LOUIS CONSTANTINE CASTING DIRECTOR

losis Constantine is a Cooling Director who works in the West End with Pyppe Allian Scribin) and has worked an globally acclaimed Musical Theorie Productions such as the Book of Mormon, American Psycho (Alheida); Guye & Dell, Wicked, The lice King: Blue Man Group; Legally Bloede & We Will Rock You.

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what's on

welcome. Women's Institute Hall, Bellingham Lane, Rayleigh, 10am-12pm or 1-3pm, 01702 615475 paulal-cock43@yahoo.co.uk "Table Tennis, 7,30-10.30pm, The Megacentre, 7 Brook Road, Rayleigh,

£3.60 per session.

E3.bd per session.

Singles Freinedship club for 55' and over. Are you single and over 55? Then don't be alone come along to our friendship club and you will be sure of a friendly welcome. Every Tuesday at aThe South Benfleet Social Club with a variety of events, Maureen 01268 692998

events. Maureen 012b8 692998.

Weekly Craft Group, Oasis Coffee
House, 189 Leigh Road, Leigh. 2.304pm. No charge or booking required.
Emma 01702 471873.

Willows Park Short Mat Bowls Club

■ Willows Park Short Mat Bowls Club require new or experienced players. We meet at the James Hornsby School, Laindon weekly. First session free call or text Alan on 07952 043456.
■ Social Dance, 1.45pm at Cedds Church, Bridgewater Drive, Westcliff. Ballroom, Sequence, Latin. Friendly Group, all welcome 07767 406194.
■ Evening of Clairvoyance, St Cecilia's Christian Spiritualist Church, 9 Lord Roberts Avenue, Leigh, 7.715pm, £2, enquiries Anne 01702 556470.
■ Folk Music, The Hoy at Anchor Folk Club, Royal British Legion, 7/9 Northview Drive, Westcliff, 'Steve Tilston', 8pm. 01702 715111.
■ Tea Dance, Ashingdon Memorial Hall,

01702 715111.

■ Tea Dance, Ashingdon Memorial Hall, Ashingdon Road, Rochford, ballroom, Latin and sequence, every Tuesday 2-4pm. 01702 584575.

■ Health Walk, Salvation Army, Hadleigh, 10.30am, meet Castle Lane car park, Hadleigh, every Tuesday, details 01702 318121.

318121.

Scrabble Club, Hockley and Hawkwell 55+ Social Centre, Southend Road, behind the Library Main Road, every Tuesday 6.30-10pm, first two visits free, also second Saturday & fourth Saturday of each month 2-5pm. 01702 205910.

Meeting, Ladies Fellowship at the Salvation Army in Hadleigh, Tuesdays 7.30pm, any age, good speakers, chatter nights outlings meals out and summer.

nights, outings, meals out and summer walks, 50p per week or annual subscription, just come along or call 01702

551470.

The Puffer's Club, Exercise Class for people with breathing difficulties, Ambleside Sports and Social Club, Ambleside Drive, Southend, Tuesdays 12.45-2.30pm, 01702 610050/466827. ■ Pathfinders Blind and Partially Sighted Group meets every Tuesday and Friday, Fryerns Baptist Church, Whitmore Way, wide range of activities and outings, Tuesdays 9.30am-2pm and Fridays 10am-2.30pm.

■ Evening of Clairvoyance, St Cecilia's Church, 9 Lord Roberts Avenue, Leigh, every Tuesday 7.15pm, £2, enquiries Anne 01702 556470.

Anne 01702 556470.

■ The George Hurd Centre, Audley Way, Basildon, for the over 50s, Yoga: 10-11am, Sit down Yoga: 11.10-12.10, Keep fit: 12-1pm, Line Dancing; 1.20-2.20pm, Chess: 1.30-3.30pm, Craft: 1.30-3.30.
1.30-3.30pm, 01268 465854.

■ Singles Social Group, meets The Mews, Nelson Mews off Clarence Road car park, Southend, age group 50plus, every Tuesday 8pm. 07970 432994.

■ Singles Friendship Club for 50 plus, South Benfleet Social Club, every Tuesday 8, 150m. further details Maureen

South Bentleet Social Club, every Tuesday 8, 15pm, further details Maureen 01268 692998.

New and Nearly New Stall, outside St Martin's Church, Town Centre, Basildon, facing the gardens (if wet in church foyer),

facing the gardens (if wet in church foyer), every Tuesday 10am-noon.
■ Table Top Sale, Outpatients Foyer, Southend Hospital, every Tuesday 9.30am-3pm, Breathe Easy Southend, helping support people with lung problems. 01702 258661.
■ Carpet Bowls, Eastwood Community Centre, top of Morison's car park, every Tuesday 1.45-3.45pm, (and every Thursday 3.30-5.30pm), no experience necessary, non competitive, 22 per session including tea, joining fee £5, first session free.
■ Bingo and Hoy, Wick Community Centre, Wickford, every Tuesday 1.30-4pm, further details John Clarke 01268 570575.

4pm, further details 30fm clarke 01256 570575.
■ Top Cats Social Club, (Southend Mencap), Castle View School, Meppel Avenue, Carvey, Tuesdays 7-9.45pm, for adults with learning disabilities age 25 plus, £2 per session, membership details 01702 341250.

Truesday Luncheon Club, Inter-Church Caring for the Elderly and Disabled, Avenue Baptist Church Hall, Milton Road, Westcliff, for people living alone or with their carea, further details 0.1750. their carers, further details 01702 478691/525141/340617.

Little Lunchers Activity Club, St

■ Little Lunchers Activity Glub, St Michael's Church, Rayleigh, every Tuesday 11.45am-1.15pm. ■ Vange Tots, The Vange Community Centre, Vange Hill Drive, Vange, every Tuesday 9.30-11.30am, admission £1 snack and drinks provided for all. 01268 498642.

■ Shoebury Flagship, Rainbow Children's Centre, Friars School, Constable Way, Shoebury, every Tuesday 1.30-3.30pm, health visiting team offering activities, advice and support for parents with babies and children aged up to 5 years. 01702 577656.

Wednesday, July 16

■ Belvedere Jazz and Music Club, The Chichester, Rawreth, Wickford. The Graeme Culham Sextet, 8pm-10.30pm, £10 pa on door, all welcome. Meals and ETU pa on door, all welcome, meals and Lite Bites from 6.30pm. 07850 607075. Art Class, beginner swelcome, Leigh Sailing Club, Old Leigh. 10am-12pm. 01702 615475 paulalcock43@vahoo.co.uk.

paulaicock43/@yahoo.co.uk.

Leigh Singles Social Club, 45-65's.
Meet every Wednesday at Bellini's,
London Road, Leigh. Check out our website www.leighsingles.co.uk for further
details.

Activity Session for children with special needs, ages 5-18, (term time only). The Megacentre, 7 Brook Road, Rayleigh. Donation of £1 per session, siblings wel-

ome.
■ Graham's Social Tea Dance, every
Wednesday, Richmond Hall, Richmond
Ave, Benfleet. Light hearted afternoon, of
Ballroon & Latin and sequence dances for
dancers of all abilities. 2-4.25pm, large
free car park, strictly over 18's, £4 per
person. 01268 752473.
■ George Hurd Centre, Audley Way,
Basildon, for the over 50's. Keep fit: 10-11am, Sit down keep fit: 10-11am,
Salsa/Ballroom: 11.30am-12.30pm,
Sequence Dance:12.30-1.15pm, Art:
1.30-3.30pm, Indoor bowls: 1.30-

Saisa/Ballroom: 11.30am-12.30pm, Art: 1.30-3.30pm, Indoor bowls: 1.30-3.30pm, Indoor bowls: 1.30-3.30pm, Izc, 0.1165 Med 8658.4.
■ Singles Connection Friendship and Social Club, open evening at the Haywain for over 45s, Five Bells roundabout, Fobbing, 8.30pm, last Wednesday of every month. 07902 252758.
■ Barn Dance, Grand Ceilidh Club, Royal Naval Association, East Street, Southend, live music from Farmous Potatoes, 8.30pm. 01702 553622.
■ Indoor Carpet Bowls, St Edmunds Hall, Pantile Avenue, Southend, every Wednesday 2-4pm, further details contact Olive 01702 309280.
■ Played Bowls Before? Come and try it at FS&S Club, Gardiners Close, Basildon, all weather green, free coaching given, regular club mornings, call Chris 01268 419831.
■ Breathing Eversise Group, run by

■ Breathing Exercise Group, run by

Breathe Easy Basildon, Steeple View Memorial Hall, Wednesdays 1-2.30pm, if you have COPD or recently finished from Pulmonary rehabilitation call Honorie 01268 574390 for further details.
■ Leigh Singles Social Club, Bellini's,

Leigh Singles Social Club, Bellinn's, London Road, Leigh, for ages 45-65, every Wednesday 8pm. www.leighsin-gles.co.uk

Social Afternoon of Ballroom and Latin Dancing, Mill Hall, Rayleigh, every Wednesday 1.45-4.15pm, with Pat and Bob. 01702 544112.

Bob. 01/02 544112.

Line Dancing Lessons, St Margaret's Church Hall, Lime Avenue, Leigh, every Wednesday 12.30-2.30pm, helping to raise funds for the church hall. 01268 281488.

Afternoon Tea Dance, Richmond Hall, High Road, Benflleet, (entrance off Richmond Avenue), large free car park, every Wednesday 2-4.30pm, 24 per person, includes refreshments, strictly over 18's. 01268 752473.

Health Walk, Canvey Sea Wall, 10.30am, areat labeuth over the care of the contractions of the contraction of the contraction

■ Health Walk, Carvey Sea Wall, 10.30am meet Labworth car park, Carvey Island, every Wednesday, details 01702 318121.
■ Meeting, Alcoholics Anonymous, International Support Group for families, wives, husbands, friends of alcoholics and other addictions, 1 Sutton Road, All Saints Church (Vicarage), Southchurch, Southend, Wednesdays 7.30pm, all welcome (non-denominating).

Southend, Wednesdays 7.30pm, all welcome (non-denominational).

Pulse Drum Club, St David's Church Hall, Rayleigh Road, Eastwood, every Wednesday 3.45pm - 4.45pm, £3 per session. 01702 540111.

Dover 50's session. Megacentre Rayleigh, 7 Brook Road, Rayleigh.
Badminton and short mat bowls 2-4pm, £3.50 includes refreshments and use of equipment. 01268 773100.

Activity sessions, The Megacentre, 7 Brook Road, Rayleigh, (term time only), for children with special needs aged 5-18, free admission, siblings welcome, details 01268 779100.

Palace Writers Group, every

01268 779100.

Palace Writers Group, every
Wednesday 7.30pm, alternating venues
with the Palace and Cliffs Pavilion, open
mic events and public readings planned,
further details Emily 01702 390472.

Meeting, Roche Art Group, St Teresa's
Church Hall, located behind the Church,
109 Ashingdon Read, Bochford

Church Hall, located behind the Church, 109 Ashingdon Road, Rochford, Wednesdays 7.30-9.30pm, visitors wel-come, further details Gill 01702 421737. Advanced Computer Course, Pitsea Day Centre Over 50s, Northlands Pavement, Pitsea, every Wednesday, 9.30-11.30am. 01268 465432.

BOOT & TABLE SALE WESTCLIFF HIGH SCHOOL FOR GIRLS

Sunday 13th July

7:00am - 12pm Cars £5

Indoor Table Sale £5 (Table provided)

1 FREE Tea/Coffee with this advert 1 per person **Next Sale Sunday 14th September**

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38 High Street, Hadleigh, SS7 2PB Tel: 01702 559836



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PALACE THEATRE



Sunday 13th July at 7.30pm **Roy Orbison & Friends**

Tickets: £19.50* Concessions £1.00 off

Thursday 17th July at 8.00pm **Ellio Pace performs The Billy Joel Songbook** Tickets: £21.00* £18.00* Concessions £1.00 off



Friday 18th July at 7.30pm The Railway Man (15)

Tickets: £6.00*



Blue Chutney boasts awardwinning cuisine and entertaiment

Indian cuisine can be found at the Blue Chutney in Wickford, thanks to its award-winning chef.

After winning the UK Curry Life magazine

and the Bangladesh Caterers Association awards in London in October and November last year, Kamrul Islam was congratulated during a champagne reception at the restaurant joined by Mark Francois, MP for Rayleigh and Wickford, the leader of Basildon Council, Councillor Tony Ball, and other dignitaries.

As well as freshly preparing an extensive range of traditional Indian cuisines, Kamrul also serves a variety of specialities and recommended dishes that will suit a range of tastes.

The restaurant's menu boasts an extensive range of mouth-watering cuisine including three new dishes - Bombay sizzling tava, zinga delight, and shashlik chicken masala.

Blue Chutney, at 31 The Broadway, is not only the place to be to enjoy delicious food but it also the venue to enjoy a variety of entertainment including tribute nights. Anyone interested in up-and-coming evenings, which include a delicious four-course set meal and start from just £21.95 per person, is urged to call the restaurant for further information.

Blue Chutney is also currently running a drinks promotion where diners are invited to come and party every Wednesday and Friday evening and enjoy a starter, main course, side dish, rice or naan bread chosen from the menu (King Prawn £3.30 extra) as well as much drink as you want for one hour and 45 minutes. You must book your table in advance to enjoy this offer, which costs £20.95 per person on Wednesday and £24.95 on Fridays. Drinks



include Cobra and Carling draught beer, wine by the glass, spirits - vodka, gin, brandy, and whisky as Well as Malibu, Baileys, Archers and soft drinks (excludes wines by the bottle and champagne, terms and conditions apply).

On Sunday and Thursday there is a five-course banqueting night to enjoy which includes one starter, any one main course, one side dish and any one sundries, plus coffee, for only £9.95 on Sunday and £10.95 on Thursday. Again table booking is required.

The restaurant also hosts tribute nights and upand-coming evenings include Nat Augustin as George Benson on Friday, July 25. The evening, which includes a four-course set meal, costs just £22.95 per person. Blue Chutney, which offers a full takeaway ser-

Tribute Act

on Friday 25th July 2014

The above price is per head & Includes a Four Course Set Meal

A deposit of £5 p.p. is required to secure your booking for this Act.

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vice with free local delivery, is fully licensed and offers a relaxed and friendly atmosphere and prides itself on freshly preparing all of its dishes with the finest of ingredients.

The restaurant is open from noon to 2pm and from 5.30pm to 11pm, Monday to Thursday; from noon to 2pm and 5.30pm to 11.30pm on Friday and Saturday; and all day from 1pm to 10.30pm on Sunday.

For further information or to make a reservation call Blue Chutney on 01268 763866 during the restaurant hours or e-mail bluechutney@hotmail.com.

You can also see cabaret acts and menus on their website www.blue-chutney.co.uk and find out latest information on their Facebook page.

www.the-tajmahal.co.uk 77 Leigh Road, Leigh-on-Sea, Essex SS9 1JN

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Jarvis

Everything's new at Shampan

A NEW lease of life has been given to an Indian restaurant in Rochford, thanks to new management and a total refurbishment.

Shampan Indian Restaurant, at 75 West Street, was taken over by new owners earlier this year and last month it reopened its doors following a complete transformation.

Diners are not only delighted with its new décor, but are also enjoying a fantastic new menu which boasts a range of different dishes.

What's more, the family-run business looks set to delight diners for years to come thanks to the expertise of its owners who also own and run Mim Spice in Great Wakering.

Its extensive menu includes a vast selection of appetisers including everything from special satay and shami kebab, to lightly spiced crab served in puri, and shimla moris – lightly spiced vegetables stuffed in green pepper and grilled in a clay

Diners are spoilt for choice with Shampan's selection of main courses including a traditional selection such of korma, curry, jalfrezi, masala and satkora dishes, as well as range of tandoori, biryani and balti dishes.

This is all on top of an vast range of chefs specialities for you to try such as chunky bits of roshni chicken, cooked with garlic and fresh coriander, hash karahi - pieces of spring duck cooked with tomatoes, onions and peppers in a medium sauce – and chicken or lamb kub-



ALL NEW: the restaurant in Rochford has new management and has had a total refurbishment

surat, a Nepali dish cooked with coconut cream, fresh cream, and almond powder, with coconut milk on top.

There's also an added bonus on Sunday when, alongside its a-lacarte menu, Shampan also serves a buffet from noon to 11.30pm, which costs just £7.50 for adults and £3.95 for children under the age of 10.

The restaurant also boasts a full

takeaway service including free local home delivery on orders of more than £10, or a 10 per cent discount on collection orders.

With so much to offer, Shampan Indian Restaurant is the perfect place for a range of occasions from office and birthday parties to charity night events. An outside catering serve is also available, ideal for a range of events and special occasions

Shampan is open seven days a

week, including bank holidays, from noon to 2.30pm, and 5.30pm to midnight, from Monday to Saturday, and from noon to 11.30pm on Sunday. The restaurant, which offers parking nearby, is also open on Boxing Day and New Year's Day.

For further inforamtion call Shampan Indian Restaurant on 01702 541717 or 01702 542749 or visit www.shampanrochford.co.uk



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We are now getting very booked up for Christmas time, and many of our OAP Clubs, TWG, and W.I. groups are starting to book their dates for 2014.

Having been 'slightly', and unexpectedly ill for the last couple of months of 2012, and ending up in the hospital, I decided to write my autobiography.

Is it interesting?

Well, you will have to buy the book to find that out, and what better time than for Christmas.

You will learn some interesting things about me, including my time building and driving the Southend Carnival Queens floats, and some funny things that have happened over the years, with our coaches.

The books are printed with a soft cover in A5 format. Over 22,000 words on 72 pages, with a few pictures as well. Thefirst few books are at a special price of just £7.50, including post and packing.

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UT OF THIS WORLD

On the 25th of July 2014 at the Radisson Park Inn Palace Hotel, Southend on Sea, Essex history will be made when Auction House Essex Limited offers an unusual lot for sale in conjunction with their partner agent 'Moon Estates'. Area E-7 Quadrant Hotel The Moon has a nominal reserve price and will be sold with 100% of the proceeds going to a local looked after children's charity (The Southend Foster Families Council).



"As far as we are aware no other Auction House in England has offered a lot on the moon. This is a genuine plot of land with deeds of ownership etc., Our aim is to raise funds for the Southend Foster Families Council to go towards a day trip for looked after children in Southend. All money raised will be donated to The Southend Foster Families Council which is run by foster carers on a voluntary basis to help & support foster carers".

Andrew Stallard Auction House Essex Limited

If you would like to own a piece of the moon then come along to the Auction starting at 2pm on July 25th at the Radisson Park Inn Palace Hotel, Southend on Sea, Essex. If you would like to know more about this unique opportunity call Auction House Essex on 01702 33 33 99



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WESTCLIFF £208,000

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SOMERSET ESTATE £299,995

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Semi Detached House. Lounge. Dining Room Kitchen, 3 Bedrooms, Bathroom/w.c. Garden Garage Recommended Sole Agents FER F



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21 Lynton Road. Benfleet, Essex SS7 2QG

Freehold residential development site with outline planning consent for 5 dwellings in a pleasant Hadleigh location. The property is situated in a pleasant and popular residential area within Hadleigh, close to the town centre shops, Morrisons superstore and other facilities. A dilapidated 2 bedroom detached bungalow on L shaped plot with outline planning permission for the erection of 5 new residential units.

Guide £550.000+



59 Crescent Avenue, Grays, Essex RMI7 6AZ

A freehold terraced 3 bedroom house with double garage at rear. The property is situated in Little Thurrock and therefore benefits from good transport links. The C2C Mainline station is within a 10 minute walk from the property. Local shops and other facilities are also close by. A three bedroomed terraced house arranged over two floors. The property benefits from double glazed windows, gas central heating a conservatory and double garage to the rear.

Guide £155.000 - £165.000



38 Oxford Street, Whitstable. Kent CT5 IDG

Long Leasehold Lock up shop let as a hairdressers in a popular trading location in Oxford Street in the centre of Whitstable. The property is to be sold upon a new 199 year lease and a Ground Rent of £250 per Annum Oxford Street is centrally located within the charming coastal town of Whitstable famous for it's maritime history and its oysters. The annual Oyster festival is a popular event and the town benefits from tourism and day trippers. Retailing is centred upon Oxford Street and

Guide £70,000+



28 Ailsa Road, Westcliff on Sea, Essex SS0 8BL

Residential Investment - an excellent and spacious 3 room ground floor flat in this pleasant Westcliff residential street. Leasehold. The property is held on a lease with some 72 years unexpired. The property is situated close to Hamlet Court Road shops and Westcliff Railway Station. The sea front and Chalkwell Park are a short distance away. This well presented 3 room ground floor flat henefits from a rear garden and is well floor flat benefits from a rear garden and is well presented internally. There is partial double glazing and s central heating. The flat is currently let on an Assured orthold Tenancy.

Guide £100,000 - £110,000



63c Oueens Road, Southend on Sea, Essex SSI INL

A Vacant Ground and First Floor Maisonette of interest to owner Occupiers and Buy to Let investors Leasehold. The property is held on a 99 lease from 01/06/1984 (thus approximately 70 years unexpired).

The property is situated in a convenient central location, very close to University, Central Station and Southend High Street.

Guide £70,000 - £80,000



Flat 3, 149 North Road. Westcliff on Sea, Essex SS0 7AH

A vacant first floor flat with off street car parking The property is situated within walking distance from Mainline Train Station and Mainline Bus Routes. Close to Southend Town Centre.

Guide £65,000 - £70,000



Land Adiacent to 115 Royston Ave. Southend on Sea. Essex SS2 5LB

An irregular plot of Freehold land with two lock up garages/storage units and parking, with frontage to Royston Avenue

Guide £15,000 - £20,000



Area E-7 Quadrant Hotel, The Moon, Space

The property is located 17 Squares south and 21 squares east of the extreme Northwest corner of the recognised Lunar chart.

An unspoilt location with stunning views across the solar system. The unrestricted planning consent & mineral rights mean this plot could be worth a fortune, further investigation is strongly recommended.

100% of Proceeds from this sale will be donated to The Southend Foster Families Council.

Guide Nominal Reserve



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Hadleigh / Leigh-on-sea borders £179,995 FOR QUICK SALE

WALKING DISTANCE OF LEIGH STATION - Large two bedroom purpose built flat with GARAGE AND PARKING, fitted kitchen, SPACIOUS LOUNGE WITH ESTUARY/FARMLAND VIEW,gas central heating, double glazing, shower room and separate washroom/w.c. Immediate vacant possession - KEYS AVAILABLE FOR VIEWING. Ref etl5228





Leigh-on-sea £925,000

A truly exceptional five bedroom detached family house situated in one of Leigh's most sought after roads occupying a magnificent 60' x 200' approx west facing plot which backs directly on to Belfairs park. The current owners have spared no expense in creating a beautiful home both internally and externally. The accomodation includes five bedrooms with luxury en suite spa bathroom, a fabulous 40' open plan lounge and conservatory, a large elegant dining room and a 23' x 12'4 custom built luxury kitchen. There is also a double garage and parking for 7 cars. Early viewing is advised - no onward chain.







Early viewing is strongly advised of this spacious three bedroom character house situated in a popular and convenient location walking distance of local shops SOUTHEND TOWN CENTRE and Prittlewell station, south facing garden, 11' x 10' modern fitted kitchen, bathroom/w.c., Double glazing, gas c/h, 25'8 x 11'3 open plan Lounge and dining area, three good size bedrooms, 15'6











bedroom house, Benfleet £249,995

Four bedroom spacious family house in cul-de-sac location convenient for local shops, schools and Woodside Park. West facing garden, parking for 3 cars, large lounge, separate dining room, spacious fitted kitchen - open plan to the dining room, early viewing advised a s a quick sale is expected. Etl5245

Three bedroom house with garage, Hadleigh £184,995

Bright, spacious and well presented three bedroom family house with west facing garden and garage. 25' through lounge and dining area, modern fitted kitchen, bathroom/w.c., gas central heating, double glazing, private road location walking distance of Hadleigh town centre. Ref etl5244



Westcliff £415,000

A large detached character residence REQUIRING SOME REMEDIAL WORK. Sought after location close to Chalkwell Park. Chalkwell Schools and within walking distance of Chalkwell Station. Large west backing plot with garden/ yard providing parking for many vehicles, four bedrooms, bathroom & shower room 26' x 23' lounge, 21' x 15'6 dining room, 21' x 12' kitchen.Ref etl 5185







3 bed House with double garage/workshop, £239,995

Beautifully presented three bedroom family house with DETACHED DOUBLE GARAGE / WORKSHOP. Spacious lounge with original feature fireplace, open plan kitchen and dining room, gas c/h, double glazing, bathroom /w.c., attractive garden with covered patio, 19'6 x 17' detached double garage / workshop. Popular location walking distance of Chalkwell Park and Station.

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Prittlewell £285,000

Charming two double bedroom semi detached bungalow situated on the highly sought after Earls Hall Estate which benefits include: kitchen/ diner, sun room with views over the garden, detached garage and ample off street parking. Early viewing advised. Ref: ETS4902





Westcliff-On-Sea £110,000

Ideal for investment or first time purchase is this one bedroom ground floor garden flat which benefits from modern bathroom, gas central heating, own section of rear garden and potential for off street parking to front (STPP). Currently let producing £5,520 p.a. EPC: D Ref: ETS4905





Southend-On-Sea OIEO £220,000

Delightful three bedroom terraced house, which benefits from modern fitted kitchen and contemporary bathroom. Set in popular residential location convenient for Southchurch Road shopping facilities, mainline station and local schools. Ref: ETS4895





Westcliff-On-Sea OIEO £240,000

Three bedroom character terraced house with tastefully decorated interior and many original period features, benefiting from double glazing, gas central heating, well maintained garden and workshop with access from the rear. Internal viewing recommended. Ref: ETS4899







Southend-On-Sea £250,000

Much improved three bedroom, two reception room end of terrace house set within this popular cul-de-sac location convenient for Prittlewell station and Priory Park. Early viewing advised. Ref: ETS4897

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Leigh-On-Sea £425,000

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Thorpe Bay Area 500,000

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A four bedroom detached family house with a double garage, the property is situated in a convenient location close to local schools and shops. The property benefits from two reception rooms and a double glazed conservatory, a fitted kitchen with integrated appliances, utility room and a ground floor cloakroom, en suite to master bedroom, four piece bathroom suite and ample off road parking.



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WESTCLIFF ON SEA

WESTCLIFF ON SEA

£269,995 CHALKWELL PARK & SCHOOL IS CLOSE. This deceptive 3

bedroom family house. Offers 2 Receptions. Cloak/wc. Double glazed windows. West backing garden.



WESTCLIFF ON SEA £314,950

130' LOVELY WEST BACKING GARDEN is one of the many features of this well presented 3 bedroom home which is located close to the High schools & hospital. Lounge & Dining room. Luxury fitted Kitchen/Diner, Super bathroom suite. Garage. No onward chain. A MUST SEE HOME!



WESTCLIFF ON SEA

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£155,000

FOR THE DISCERNING OVER 60'S this well appointed 1 bedroom 1st floor apartment within this sought after development. Residents house manager/meeting lounge & restaurant. KEYS HELD



NO ONWARD CHAIN. Deceptive large 3 bedroom mid terrace house with PARKING/GARAGE SPACE TO REAR. 19'4

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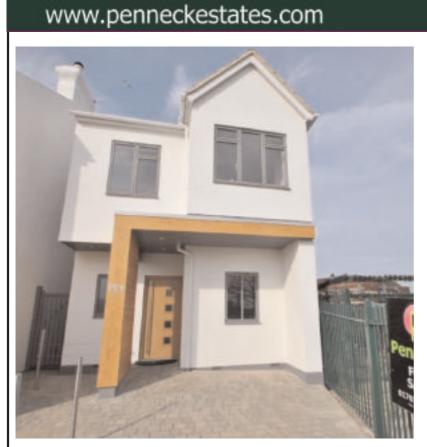
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£315,000

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Rayleigh

Connells

Rayleigh



£290,000



Situated within close proximity of Edward Francis Primary School this extended three bedroom semi detached chalet style property. offers two groundfloor double bedrooms and shower room, first floor bedroom benefits from walk in wardrobe, en-suite bathroom and study. Double garage. NO ONWARD CHAIN

Southend on Sea





£450,000

OIEO £150,000 - Spacious flat offered for sale - This two double bedroom property within a mile of Prittlewell Station and overlooking Victory Sports Ground benefits from double glazing, fitted kitchen, modern fitted bathroom and single garage with additional parking.

RAYLEIGH



This link detached house situated in a Cul de Sac position benefits from three bedrooms, lounge/diner, conservatory and own garage. Property has landscaped gardens to rear.

Benfleet



OPEN HOUSE 6 Limetree Avenue, Benfleet SS7 5AB Saturday 26th July 11am - 1pm

Rayleigh





Offered with NO ONWARD CHAIN is this recently re-decorated two bedroom semi-detached bungalow parking, approximately 55ft rear garden, upvc double glazing, fitted kitchen and white bathroom suite.

Benfleet





Situated in close proximity of King Johns Senior School this detached chalet style bungalow benefits from three/four bedrooms, groundfloor bathroom and first floor shower room. The property also has a detached single garage and ample off street parking.

Rayleigh





£254,995

OPEN HOUSE 9 WINBROOK ROAD, RAYLEIGH SS6 7PA SATURDAY 12TH JULY 1PM - 3PM

Canvey Island





Situated on a private road is this two bedroom semi detached property offering versatile accommodation including a ground floor study/bedroom three. Also benefiting from a 100ft rear garden, modern fitted kitchen/breakfast room, contemporary bathroom suite and single garage with ample driveway park







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Grand Parade £300,000

We are proud to present this fantastic two bedroom top floor flat with gorgeous estuary views from both inside the property and from the south facing balcony. The flat is situated within walking distance of the Broadway and a short walk away from Chalkwell Station, ideal for commuters. This property benefits from built-in appliances and an en-suite bathroom. This property is offered with no onward chain so would be a quick, stress-free purchase for a prospective buyer.





Westcliff-on-Sea £475,000

With five bedrooms, off street parking and a tasteful extension, this semi detached property in Clatterfield Gardens is the complete family home. The property effectively combines all mod cons with some excellent period features. Situated in a fantastic community area, this property is also close to the local grammar schools.



Leigh-on-Sea £319,995

Ashleigh Stone are pleased to offer for sale this attractive and good size two bedroom detached bunalow with a West facing rear garden, garage as well as plenty of off street parking and excellent size reception hall way. This bungalow is ideally located for local shops including Waitrose.

South of the London Road £389.995

In beautiful decorative order on the inside, the property's exterior is also appealing with redbricked frontage and paved front garden that provides the space for off-street parking. The entrance hall welcomes you with dark engineered wood flooring, a feature found in many parts of



South of the London Road £175,000

Ashleigh Stone are delighted to offer this two bedroom first floor flat to let. The flat has a modern fitted kitchen and lovely bathroom and is located south of the London Road so is ideally situated for some one looking to be close to the station and the Broadway



South of the London Road £210,000

Ashleigh Stone are delighted to offer this great size two bedroom duplex apartment located in the heart of Leigh south of the London Road. The flat has its own front door which leads you up to a good size landing with the lounge, modern kitchen and bathroom and the second bedroom on the first floor. On the second floor is the master bedroom with a nursery or walk in wardrobe. Call now to view.



South of the London Road £1400 pcm

Ashleigh Stone lettings are delighted to offer this fantastic three double bedroom house in the heart of Leigh on Sea. The property has been finished to an extremely high standard comprises two reception rooms, modern fitted kitchen, cloakroom and hallway on the ground floor with three double bedrooms the master with an en suite showe room, and family bathroom on the first floor. The property also benefits from a south facing rear garden. Available end of June.



Close to the Broadway £775 pcm

Ashleigh Stone Lettings are delighted to offer this two double bedroom first floor flat in the heart of Leigh on Sea, being close to the Broadway with all its bars, shops and cafes. The flat comes with its own courtyard which can be used for parking. Sorry working tenants only. Available now



Westcliff-on-Sea £850 pcm

Ashleigh Stone lettings are delighted to offer this modern two double bedroom maisonette in a gated complex. This fantastic property offers all the convience of modern living with an open plan lounge and kitchen with built in appliances and double glazed patio doors to the front.



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HADLEIGH £155,000

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3pce bathroom

Share of freehold



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Alan Kirkman is a Director of both

Tudor Estates in Southend and Essex TEAM part of a network of independently owned estate agents who share their instructions for the benefit of giving their client properties maximum market exposure. Alan has

been an estate agent for over 32 years.

ASK THE AGENT **ALAN KIRKMAN**

Q. How can one agent justify charging higher fees than another for doing the same job?

A. It won't surprise you to learn that this is probably the question agents get asked more often than any other - particularly since the advent of firms offering a no-frills, internet-

based service. And it's a question that I believe goes - albeit indirectly - to the very heart of what estate agency is all about.

It is widely assumed that all agents do the same job; and when you ask people what that job is, they generally say something like: "estate agents sell houses." Now, this may be true after a fashion, in much the same way as you might argue that all doctors and nurses basically do the same job, which is "to make people better." However, it hardly tells the whole story. In any case, I would go a lot further and argue that estate agents don't actually sell houses at all. The simple fact is that no amount of sales patter is going to enable me, or any other agent, to "sell" a house to someone who doesn't want to buy it. In exactly the same way, no one agent can actually guarantee to achieve a higher price for your home than any other.

So in that case, what do agents actually do? First and foremost we provide a service - and not just any old service, but a complex, multi-layered one, demanding a whole range of skills, knowledge and experience, which we utilise to shepherd the highly complicated process of property sales through to a successful conclusion, with the minimum of stress to all parties. In essence, therefore, we are facilitators.

Now, I won't insult your intelligence by suggesting that all budget agents are rubbish, and all "expensive" agents are absolutely brilliant. The truth is, there are good and bad in both cases. Nevertheless, the fact remains that in this business just like any other - you generally get what you pay for. Budget agents will always have to cut corners on service, simply because that's what their pricing structure is built on.

The fact is, all agents do not do the same job – and that is the fundamental reason why fees vary.

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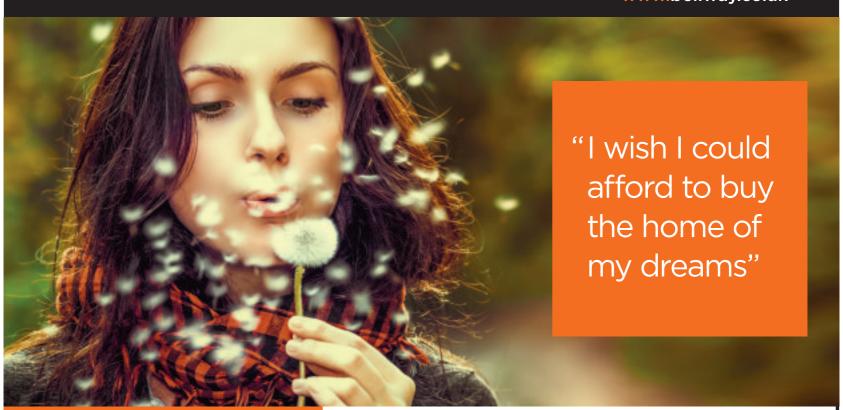
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rive

ASX marks the spot for flagship SUV

ASX marks the spot for a style-conscious compact SUV that's good value and decent to drive.

Mitsubishi is pitching this eye-catcher at families who want to step up from a small hatchback – but wish to avoid increased ownership costs.

The aerodynamically efficient exterior of the ASX is inspired by the Japanese company's Evo X performance saloon – so there's an in-your-face grille and headlights while the rest of the exterior is slickly designed.

Running costs are reasonable with ever the 2.2-litre diesel automatic flagship car I drove returning around 48mpg. Carbon dioxide emissions are competitive, while insurance costs shouldn't break the bank

This automatic version of the ASX uses the engine found in the new Outlander so is more than up to the task of towing a caravan.

The ride is comfortable thanks to an efficient suspension and big tyres which absorb most of the humps and hollows that pass for roads these days.

There is a tendency for the body to lean in corners and for the steering to be a little vague, but unless you are thinking of taking

mannered companion.

Levels of grip are good on the ASX 4 thanks to all-wheel drive which is accessed via a button situated between the front seats - the car also being able to operate in frontwheel drive only, reducing fuel consumption.

Enhanced sound proofing does a good job of

insulating the cabin from the outside world with just the hint of the diesel engine breaking

through when worked hard.
The interior is spacious and well put together while families with an active lifestyle, or a hungry horde of kids, will appreciate the big boot – sporting a hidden storage area – which easily swallows the results of a weekly supermarket shopping run or the luggage for a weekend away.

The rear seats can also be split and folded flat when the garage is finally overflowing and that trip to the rubbish dump can no longer be avoided.

The driver gets to look at a neat dashboard display that's easy to navigate with switches

Price: £23,899 Mechanical: 147bhp 2,268cc, 4cyl diesel engine driving four wheels via sixspeed automatic gearbox Max speed: 118mph 0-62mph: 10.8 seconds Combined mpg: 48.7 Insurance group: 20 CO2 emissions: 153g/km BIK rating: 26% Warranty: 3yrs/unlimited

> and dials where you expect them to be - and when you look up there's a good view of the

motoring world around you.

A comfortable position behind the steering wheel is readily achieved as the seat is electrically adjustable - while both front seats also have heaters to combat those cold winter months.

Mitsubishi throws in lots of toys increasing the ASX's appeal. There are three trim levels two, three and four - with even the entrylevel two model getting goodies such as alloy wheels, air conditioning, electric windows, a Bluetooth hands-free system and remote

By the time the fantastic four model is

reached, the ASX is bristling with creature comforts and clever technology including a reversing camera and parking sensors, leather upholstery, satellite navigation, CD/radio with MP3 compatibility, plus

automatic light and rain sensors.
It also comes with a splendid panoramic glass roof which features LED mood lighting at night. A ton of safety equipment includes stability and traction control, seven airbags – including one for the driver's knees – brake assist and Isofix child seat mounting points.

More than 340,000 ASX models have been sold around the world - with the 2014 version looking set to add significantly to that total.







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11 (60) HYUNDAI X35 1.7 CRDi PREMIUM, 5 dr, 2 wd, manual, diesel, estate, sat nav, reverse camera, White £ 1 2,995

11 (61) RENAULT KANGOO 1.6 **EXPRESSION,** 5 dr, (ac), full Renault s/h, petrol, manual estate, Blue £6,495



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11 (11) RENAULT TWINGO 1.2 TCE GORDINI, 3 dr, full Renault s/h, petrol, manual, hatchback, one owner, Blue**£5**,995



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Motoring News



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RICES

by Enda Mullen

Advertiser

DEVOTION to a famous British brand which started out 90 years ago showed no sign of abating when an estimated 15,000 people gathered to celebrate MG's birthday.

The event, organised by the MG Car Club, saw around 6,000 cars gather over the course of the twoday celebration at the Silverstone racing circuit in Northamptonshire.

The club, which was founded in 1930, organises just such a gathering every year, but this year's 90th anniversary event had added significance.

MG Motor was backing the event too, offering MG fans the opportunity to go on an interactive journey with 'MG Motor: The Next Ninety Years' - taking them behind the scenes of the company and offering a glimpse into its future.

The annual event sees MG

owners from around the world gathering to show off their heritage cars spanning the whole of MG's 90-year history. This year, the MG Car Club organised a special timeline featuring models from every stage of the car maker's history.

The famous MG initials were chosen by Cecil Kimber, the founder of MG, who chose them as a "nod" to William Morris, his employer, and the owner of Morris Garages.

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to join our editorial team in Basildon. Applicants should be trained to at least NCTJ pre-entry level. Proficiency in Quark Xpress and Adobe Photoshop is essential as is the ability to work accurately at speed.

Contact the editor by email on: mickferris@yellowad.co.uk or by post to: Mick Ferris, editor Yellow Advertiser, Acorn House, Great Oaks, Basildon, Essex, SS14 1AH

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Public Notices

SOUTHEND-ON-SEA BOROUGH COUNCIL **AUDIT OF ACCOUNTS** NOTICE OF PUBLIC RIGHTS Audit Commission Act 1998 S 15, 16 (2), (3)

The Accounts and Audit Regulations 2011 NOTICE IS GIVEN that from 7 August to 4 September 2014

(excluding Saturdays and Sundays and bank holidays), between 9.30 a.m. and 4.30 p.m., any person interested may inspect and make copies of the accounts of the above-mentioned Council for the year ended 31 March 2014 and all books, deeds, contracts, bills, voucher and receipts relating thereto. The accounts and other documents will be available for inspection at the offices at which they are normally kept, or otherwise by arrangement; application should be made initially to the Head of Finance and Resources, Civic Centre, Victoria Avenue, Southend-on-Sea, SS2 6ER (telephone Southend 215201 or e-mail accountancyreturns@southend.gov.uk).

The above rights are restricted to prevent access to documents containing personal information about a member of staff (as defined in section 15(4) of the Audit Commission Act 1998).

NOTICE is also given that on 5 September 2014 between 10.00 a.m. and 5.00 p.m. and until the completion of the audit, the auditor, at the request of a local government elector for any area for which the accounts relate, will give the elector or his or her representative an opportunity to question them about the accounts and that any such elector or his representative may attend before the auditor and make objections as to any matter in respect of which the auditor could take action in accordance with the Audit Commission Act 1998 (namely an unlawful item of account, failure to bring a sum into account, or a loss of deficiency caused by wilful misconduct) or could make a report in the public interest under Section 8 of that Act.

Questions may be received at the Civic Centre, Victoria Avenue, Southend-on-Sea by arrangement with the auditor, David Eagle: BDO LLP, 16 The Havens, Ransomes Europark, Ipswich, Suffolk IP3 9SJ, to whom requests for this purpose should be addressed. No objection may be made unless the auditor has previously received written notice of the proposed objection and its grounds. A copy of this notice must be sent to the Council at the address below.

Rob Tinlin Chief Executive & Town Clerk

Civic Centre, Victoria Avenue, Southend-on-Sea SS2 6ER

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Essex County Council

Notice of Confirmation of an Order (Other than an Acquisition **Extinguishment Order)** Highways Act 1980 - Section 26 Creation of a Footpath at Canvey Island in The District of **Castle Point Public Path Creation Order 2014**

The above Order confirmed on 25th June. 2014 under section 26 of the Highways Act 1980 will create a footpath at Canvey Island in the District of Castle Point as shown on the Order Map contained in the Order. The new path will run along Vaulx Road. connecting Vadsoe Road with Thisselt Road.

A copy of the Order and the Order Map have been placed in and may be seen free of charge at the Castle Point District Council Offices in Kiln Road Benfleet, at Canvey Island Town Council and at the Chelmsford Public Library, Market Road, Chelmsford during normal working hours. Copies of the Order and Order Map are available on request from the Chelmsford Library at a charge.

The new paths will come into effect when Essex County Council has certified the path, but if any person aggrieved by the order wants to question its validity, or that of any provision contained in it, on the ground that it is not within the powers of the Highways Act 1980, as amended, or on the ground that any requirement of the Act, as amended, or of any regulation made under the Act has not been complied with in relation to the Order, he or she may, under paragraph 2 of Schedule 2 to the Act as applied by paragraph 5 of Schedule 6 to the Act, within 6 weeks from 10th July, 2014 make an application to the High Court.

HIGHWAYS ACT 1980 SECTION 25 PUBLIC FOOTPATH CREATION AGREEMENT

By agreement with Canvey Town Council and Rochford District Council for a new public right of way dated 25th June, 2014 a new footpath has been created in the District of Castle Point at Canvey Island. The new path will be approximately 760 metres in length and will link Footpath 44 with the newly Created section of Footpath above at Vaulx Road. Canvey Town Council has already completed the works for the new path and Essex County Council will pay for the costs of the legal order and advertising the new path.

A copy of the Agreement and Plan may be seen free of charge at the offices of Essex Legal Services, New Bridge House, 60-68 New London Road, Chelmsford, Essex during normal office hours. Dated: 9th July, 2014

Paul Bird, Director for Commissioning: Transport & Infrastructure, County Hall, Market Road, Chelmsford, Essex CM1 1QH

IN THE ESTATE OF ALFRED VICTOR KEARNEY DECEASED

Pursuant of the Trustee Act 1925 any person having a claim against or interest in the estate of Alfred Victor Kearney late of Nightingale Nursing Home, 67-71 Crowstone Road, Westcliff-on-Sea in the County of Essex who died on the 19th of May 2014 whose Will was proved by Alan Arthur Hurst one of the two Executors therein named on the 25th day of June 2014, is required to send particulars thereof in writing to Law, Hurst and Taylor, 153 Hamlet Court Road, Westcliff-on-Sea, Essex SS0 7EL or to the undersigned on or before the 14th day of September 2014 after which date the Executor will proceed to distribute the assets having regard only to valid claims then notified. Dated this 2nd day of July 2014
Solicitor for the said Executors

Law, Hurst & Taylor 153 Hamlet Court Road Westcliff on Sea, Essex SS0 7EL

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Simply dial the number below the advert!

LYN 34vrs, pretty petite dark LYN 34yrs, pretty petite dark haired female, loves music, meals out, quiet drinks out, seeking caring male with GSOH who can make me feel special again. Tel No: 0906 500 6358 Box No: 410137

CAROLINE blonde curvy very active lady who loves to socialise, countryside, seeking similar caring male for LTR and to share good times with. Tel No: 0906 500 6358

Box No: 409413

SUSAN 29 green eyes, dark hair, slim, looking for Mr tall dark and handsome to take me out, enjoy adult times without complications just fun. Tel No: 0906 500 6358 Box No: 410957

BUSTY Caribbean lady who loves music, dance and singing, looking for nice older guy for mutual adult no strings fun times. Tel No: 0906 500 6358 Box No:

JANE pretty size 12, loves going out socialising, country-side, meals out, looking for no strings fun, nothing heavy, give me a call if you are seeking similar. Tel No: 0906 500 ing similar. Tel No: 090 6358 Box No: 410579

SUE optimistic divorced lady with OHAC, good job, enjoys meals out, cinema, countryside, pub lunches, looking for likeminded outgoing happy male. Tel No: 0906 500 6358 Box No: 410467

DEBBIE slim employed sin-gle mum with OHAC, loves holidays, travel, nice meals out, WLTM mature male who can make me laugh to enjoy good times together. Tel No: 0906 500 6358 Box No:

JO 33yr old single mum of two looking to meet someone nice who can make me laugh and smile again, if you are seeking similar pls get in touch. Tel No: 0906 500 6358 Box No: 409737

MANDY 18, very pretty, slim/athletic body, enjoys clubbing, drinks out, seeking older male 30plus for uncomplicated adult fun. Status unimportant. Tel No: 0906 500 6358 Box No: 409261

KAREN 34yr old 5ft 7ins attractive green eyed brunette looking for special honest, genuine, caring male also looking for a ltr without stress. Tel No: 0906 500 6358 Box No: 411043

MARIE 37yrs slim attractive caring, likes meals in/out, cin-ema, tennis, keeping fit/ active, WLTM fun loving, reliable man for friendship lead-ing to more. Tel No: 0906 500 6358 Box No: 411037

SOPHIE 27yr old nursing assistant with no ties looking for discreet adult fun times with tall attractive guy 35-42yrs. GSOH essential. Tel No: 0906 500 6358 Box No: 410717

34YR single mum of 1 who loves nights out having a good time seeks similar sociable fun guy to enjoy relaxed but extremely fun relationship. Tel No: 0906 500 6358 Box No: 410709

CATHY very much a lady seeks gent up to 62yrs who would appreciate an independent professional sassy female who loves to be wined, dined and romanced. Tel No: 0906 500 6358 Box No: 410201 No: 410301

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SHARON very attractive British black lady, sexy size 6 looking for white male to fall in love with. Beautiful people can be lonely too. Tel No 0906 500 6358 Box No

EMMA slim outgoing 30vr old emMA sim outgoing 30yr old female seeking honest, kind caring, loving male to take me out, show me a good time, hopefully leading to LTR. Tel No: 0906 500 6358 Box No: 409083

CATHERINE slim fit very attractive blonde, intelligent, optimistic, girlie, social and WLTM happy go lucky fella for friendship, hopefully more. Tel No: 0906 500 6358 Box No: 409512 No: 408513

LUCY 28yr old single mum looking for male up to 40yrs for fun time, friendship, socialising, days out and hopefully leading to more, dad welcome. Tel No: 0906 500 6358 Box No: 409113

TRACY slim dark haired beauty, petite, hardworking beauty, petite, nardworking career, enjoys dancing, nights out, WLTM loving male who can make me laugh for an adult relationship. Tel No: 0906 500 6358 Box No: 409419

TONI 34yrs voluptuous, loves cosy nights in, good nights out, WLTM romantic male who will treat me like a princess. Car owner/driver pls. Tel No: 0906 500 6358 Box No: 409269

KATE 47yr old slim brunette considered attractive, likes cooking, meals out, animals and WLTM tall confident man with own hair and teeth. Tel No: 0906 500 6358 Box No:

KIRSTY blonde blue eyed size 12 nurse, enjoys cosy nights, driving, holidays, socialising, WLTM broadminded male for adult fun. Tel No: 0906 500 6358 Box No

KATH blonde independent female, employed with OHAC looking for fun and laughter with likeminded nice easy going male, any age. Tel No: 0906 500 6358 Box No: 407855

SUE independent confident female who knows exactly what she wants, fit, intelligent, loves the Arts, seeks sensi-tive, interesting soul mate. Tel No: 0906 500 6358 Box No: 409415

SUSAN attractive single female looking for really nice guy for cosy nights in and fun nights out. Go on give me a call and let's go out or have a chat. Tel No: 0906 500 6358 Box No: 409411

CLARE 31yr old single female, green eyes, dark hair, looking for fun, friendship and hopefully a ltr with loving male. No time wasters pls. Tel No: 0906 500 6358 Box No: 400557 No: 409257

SARAH 36, attractive with SARAH 36, attractive with long blonde hair and green eyes, independent, employed with OHAC, WLTM similar articulate, interesting guy in uniform for nights in/out. Tel No: 0906 500 6358 Box No:

MID naughty forties female looking fun, thrills and discreet meets, give me a call, you won't be disappointed. Any age with own accommodation. Tel No: 0906 500 6358 Box No: 409109

ANITA very attractive black female, seeking mature white/Asian man to enjoy uncomplicated relationship with no ties. Any age, pls con-tact me, I'm very lonely. Tel No: 0906 500 6358 Box No:

LINDA mature female bored constant of the state of the st 6358 Box No: 409253

36YR old slim blonde female genuine, caring and honest looking for similar descent guy for fun times, hopefully leading to more. Tel No: 0906 500 6358 Box No: 409247

SUE young looking slim attractive blue eyed 37yr old female with wicked sense of humour looking for fun times Tel No: 0906 500 6358 Box No: 409099

port

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OAKES MAKES RECORD BOOKS

The fastest woman to run marathon on all seven continents

INSPIRING athlete, Fiona Oakes has finally achieved her goal of Queen of the Extreme.

Fiona received confirmation last week that her three marathon world records have been recognised and validated by the Guinness World Records.

Oakes, from Maldon, is now officially the fastest woman ever to run a marathon on all seven continents in aggregate time as well as the fastest woman to run a marathon on all seven continents plus the North Pole in aggregate time as well as elapsed time.
Fiona said: "I'm really proud, relieved

and excited to have achieved all of this, to help animals and The Vegan Society. And I can't wait to see my entry in the Guinness World Records book.

And Fiona's amazing work doesn't just stop here! On September 7 she will be competing in the Great North Run. This is a massive achievement – especially as

Fiona is only athlete around crossing over from ultra distance running to the elite road running.
The elite start will mean that she will

be among around only 20 of some of the best runners in the world on the start line. You can't buy a place, you simply have to be judged good enough

and not many runners are.

And on November 9, she will be assuming her 'alter ego' - the Ultra Running Fiona when she will be off to Mount Everest to run a seven-day trail race there. This is the highest altitude one of its kind. Obviously, very few runners, let alone women, will be joining her.

At the beginning of February, she leaves for Perth in Australia when she will be attempting to start a very arduous challenge: To run seven Marathons, in seven days on seven different continents – known as 777.

Then, in April Fiona will return to compete in the gruelling Marathon des



WORLD BEATER: Fiona Oakes

Sunday competitions

Football

TWO Sunday competitions are addressing a drop-off in participation from men between the ages of 16 and 25 by running Under 21s Divisions in 2014/15, with the Under 21s League and the Essex Sunday Football Combination inviting team entries as soon as possible so they can confirm their structure for the new season.

According to FA reports, there is a large dearth of males playing between these ages. Several factors contribute towards fewer players making the step from Under 18s football to the adult equivalent, including university, part time jobs and other life interests. Mike Machin, Chief Executive Officer of the Chelmsford Youth League, hopes their closely-linked Under 21s League, which was launched in 2007, will help to smooth the path.

"The league had a season off last year for the first time since its formation as it dropped down to four clubs," he revealed.

"We believe the league does help the drop-off in participation as it acts as a bridging gap between youth football and open-aged football. We are expecting to alter the rules to allow each team to register

three over-aged players per team.
"We're told by the existing
[Under 18s] teams that they don't want to play adult football and most of the teams would otherwise break up, many would stop playing entirely. We welcome any applications from clubs in Essex and the

surrounding catchment area. Early September is the deadline for clubs to apply, and the number of enquiries received makes us believe there is a demand, but we do need a few more."

Meanwhile the Essex Sunday Football Combination, one of the oldest Sunday adult leagues in Essex having been established in 1937, are starting a new venture for the forth-coming season after 77 years in open-age men's football. At the moment, the Combination has four adult divisions - catering for all different standards of players - and they have a better than average referee coverage. This means they're well placed to give new teams excellent

support.
The ProKit UK Essex Olympian League have already shown the hunger there is for Under 21s football on Saturdays. In order to build on an encouraging first season, they held a meeting of clubs in January as the league were pleased with the positives Under 21s football had brought to their clubs up to that point. They had a lot of interest and hope to eventually increase their constitution to two divisions - they currently have 14 teams

If you'd like to find out more about entering a team into the Under 21s League, call Mike Machin on 281391 or e-mail: mike.machin@cyfl.biz. Alternatively, contact Roger Chilvers via (020) 8591 5313, (07710) 285571 or rogerchilvers@aol.com for further details on the Essex Sunday Football Combination Under 21s League

Essex march on at top

Cricket

NatWest T20 Blast - South Division Essex Eagles v Surrey by Brian Jeeves

ESSEX Eagles remained on course for NatWest Blast T20 honors with a five-wicket triumph over Surrey at Chelmsford.

The Eagles were looking to top a good week's work after dispatching Gloucestershire by 10 wickets in the LV County Championship Division Two. Certainly this, coupled with this season's excellent T20 form had captured the imagination of local cricket enthusiasts, with a full house present, and indeed expectant, at the Essex County Ground.

Like Essex, visitors Surrey had been in decent shape of late. And despite losing to their hosts a month previous at the Oval, the inclusion of Kevin Pietersen alone is always enough to suggest they had the ammunition to cause problems.

Essex won the toss and chose to field. Jason Roy was quick off the mark for Surrey, hitting the opening delivery to the boundary off Tim Phillips. Roy, along with Steven Davies swiftly moved the Surrey score along to 28 before Matt Salisbury bowled Davies for 13.

Pietersen looked decisively uncomfortable at the crease, and it wasn't long before he was on his way back to the pavilion when wicket keeper James Foster reacted quickly to claim a stumping off the bowling of Phillips, he had scored one.

Essex continued to make significant inroads into the Surrey top order, Roy's off stump was sent flying by Ravi Bopara, and the visitors were now struggling on 64-3.

Gary Wilson and Kevin O'Brien did their utmost to steer Surrey towards calmer waters, taking the score to 136 before O'Brien was snared by Ryan ten Doeschate off Bopara for 33.

Wilson claimed his half century off just 34 balls, and he was still there at the end on 63 along with Azhar Mahmood (13) as Surrey posted a total of 163-4.

The Essex innings got off to a disastrous start when Jesse Ryder was out fourth ball, caught by Wilson off the bowling of Mahmood for 0.

Mark Pettini and Tom Westley made headway, swiftly taking the home side past 50 with a dazzling array of shots, before Westley was next to depart, trapped lbw by O'Brien for 39 with Essex now 62-2.

Ten Doeschate (40) and Foster (9) carried the hosts comfortably over the line and secured victory by 5 wickets.

This latest victory maintained Essex' place at the top of the NatWest T20 Blast South Division table, and kept them on course for the quarterfinals at the beginning of August.

Essex Eagles are next in NatWest Blast T20 action on Saturday, 12th July, when they take on Kent Spit-fires at Castle Park, Colchester (1pm).

(1pm). Essex: Pettini, Ryder, Westley, Bopara, Foakes, ten Doeschate, Foster, Phillips, Napier, Salisbury, Topley. Surrey: Roy, Davies, Pietersen, Wilson, Mah-mood, O'Brien, Peterson, Ansari, Batty,

Dunn, Curran

Football

Pre-season round-up

By Brian Jeeves
WEST Ham United have announced the signing of left back Aaron Cresswell from Ipswich Town. Twenty-four year old Cresswell, who started

out at Tranmere Rovers, told the Hammers official website "I'm very excited to have signed here, and added, "It's a massive club and I can't wait to get ready for the season ahead.

Meanwhile, club stalwart Tony Carr MBE, has taken up a new ambassadorial role at Upton Park following the reconstruction of the clubs academy. Carr, who had aided the development of such talents as Rio Ferdinand, Frank Lampard and John Terry, has served West Ham for 40 years.

It's been a busy few days at Leyton Orient where flamboyant chairman Barry Hearn is in talks with Italian businessman Francesco Becchetti over the sale of his shareholding in the club. O's have also put out a statement that they have reached a settlement over the Premier League's decision to allow West Ham United to occupy the nearby Olympic Stadium.

And there's a hectic programme ahead on the pitch too, as O's supporters get the opportunity to see some high profile opposition in E11 later this month, as they step up preparations for the new

Orient welcome Premier League new boys Queen's Park Rangers to the Matchroom Stadium on Tuesday July 29 (7:45pm), then on Saturday August 2 they entertain Championship club Ipswich Town. Orient have also announced a game with Conference South side Farnborough. O's visit the Hampshire outfit on Monday August 4, kick-off 7:45pm.

Colchester United manager Joe Dunne has been busy strengthening his squad. Experienced goalkeeper Chris Lewington arrived at the Weston Homes Community Stadium from Dagenham & Redbridge, while Dunne moved to bolster his back line further with the additions of Ben Gordon from Ross County and former Southend United man Sean Clohessy, Irishman Clohessy, who was most recently with Kilmarnock, was a fans favourite at Roots Hall and was voted player of the year in the 2012/13 season.

Sky Bet League Two Dagenham & Redbridge have added another date to their pre-season diary. The Daggers will take on Concord Rangers at the

Aspect Arena on Tuesday July 29 (7:45pm). Southend United manager Phil Brown has flown his charges out to Spain for a few days training ahead of Saturday's friendly against Great Wakering Rovers at Burroughs Park.

And it's been an eventful period for the region's non-league clubs. Canvey Island have set up two more eye-catching warm-up games. The Gulls will visit Melbourne Stadium on Saturday, July 19 (3pm) to face Chelmsford City, then three days later (July 22) Sky Bet League Two outfit, AFC Wimbledon, come to the Prospects Stadium

Ryman League One North newcomers Great Wakering Rovers announced the appointment of Tony Butcher as the clubs new chairman.

Forty-seven year old Butcher, a resident of the village all his life, has longstanding links with both the Rovers and the clubs Colts set-up. He told the clubs official website: "I am a hugely flattered and honoured to have been asked by the Committee to become chairman of this great football club'

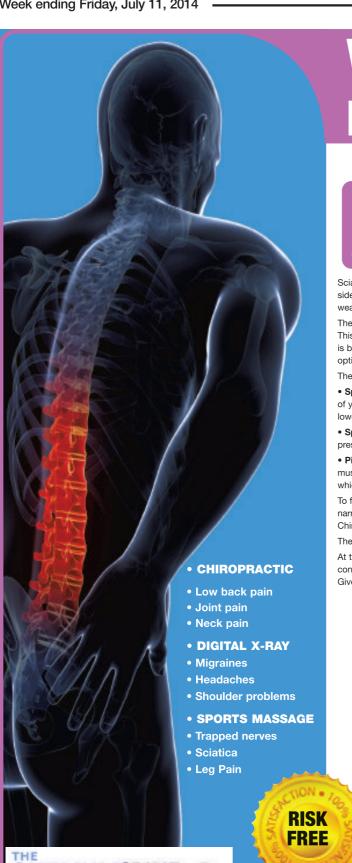
Butcher went on to say: "Having followed the club for many years, it is very close to my heart and I believe exciting times lay ahead. My main aims are firstly, to ensure the club operates as a going concern; secondly to ensure the football club and its management team of Dan Trenkel and Gary Ansell get the best possible team out on the pitch within the clubs financial means; thirdly, to improve the facilities to take the club forward and finally to work with the Colts and the Village community.

Send your sports reports to: sport@yellowad.co.uk Copy must reach us by 1pm on Monday

Southend, Leigh, Shoebury MAdvertiser 1976

Your YA is inside this advertising wrapround

Week ending Friday, July 11, 2014



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Sciatica "Si-at-ika" is a group of symptoms involving pain in the buttock and back of the leg, only usually on one side of the body. In addition to pain there may be any combination of pins & needles, numbness, tingling and muscle weakness in the affected leg or foot.

The true meaning of Sciatica is often misunderstood. The term is merely a group of symptoms and not a diagnosis. This means that if you have been told you have Sciatica, you still have not been given a diagnosis, as the diagnosis is being told what is causing your Sciatica symptoms. Having a correct diagnosis is important because the treatment options for the different causes are very different.

- Spinal disc herniation: Some people call this a "slipped disc" but what actually happens is the fluid like contents of your spinal disc causes the outer layers of the disc to bulge out. If this bulge is on to a spinal nerve in your lower back, it can cause Sciatica.
- Spinal Stenosis: his is where the hole for your spinal nerve to exit from the spinal canal closes up and puts pressure on the affected nerve, causing Sciatica.
- Piriformis Syndrome: The piriformis is a muscle in your buttock. The Sciatic nerve passes very closely to this muscle and in rare cases passes through the muscle. When this muscle gets tight it can irritate the Sciatic nerve,

To find out whether Chiropractic can help, a Chiropractor will first conduct a case history and physical exam to narrow a patient's symptoms down to find out what's causing them. this includes neurological, orthopaedic and Chiropractic examinations. If deemed necessary, an X-Ray of the affected area will also be taken.

Then there is a return to explain our findings, to tell you what has been found and what needs to be done to sort it out.

At the Optimum Spine Centre, (based at 1212 London Road, Leigh on Sea) we are conducting these initial consultations, including X-Rays (if required) and report of findings for just £15 (usually £90) Give the Centre a call today on 01702 710084.

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- CHIROPRACTIC EXAMINATION
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- · A report of findings session, explaining to you in detail exactly what has been found and what needs to be done to address it.

If you are wondering whether your symptoms can be helped by Chiropractic, give the centre a call **TODAY** for an appointment:

Jon Handley-Collins, Doctor of Chiropractic

If you are not 100% satisfied with your initial consultation, you will receive full refund for your visit

1212 London Road, Leigh on Sea, Essex, SS9 2UA www.otimumspinecentre.co.uk • info@optimumspinecente.co.uk Registered Chiropractors with the General Chiropractic Council



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 - Chicken & Vegetable Casserole
 - Steak & Kidney Pie
 - 4 Desserts: Apple Pie & Custard
- Lemon Sponge, Lemon Sauce & Custard
 - Apple Crumble & Custard
 - Jam Sponge & Custard

Order code: IN2



taking care of mealtimes



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STUDY PROGRAMMES FOR 16-18 YEAR OLDS

CUSTOMER SERVICES • CHILDCARE • NAIL & BEAUTY • MOTOR VEHICLE • BUSINESS ENTERPRISE

Study Programmes are designed to help you progress into Employment with training, an Apprenticeship or further training. You can choose Study Programme in either Customer Service, Childcare, Nail & Beauty, Motor Vehicle (Motorcycle units optional), or Business Enterprise. There are level 1 and level 2 routes available depending on your starting point. You'll also get help with interview techniques and putting your C.V. together as well as support to improve your English, Maths and ICT. Our qualified staff will provide you with information advice and guidance so that you are on the right course for you. You could also receive an attendance bonus of up to £40 a month plus you get all your travel expenses paid for the duration of the course Study Programmes provide you with the skills employers need and help you progress into Employment with training, an Apprenticeship or

APPRENTICESHIPS IN ESSEX

CUSTOMER SERVICES • RETAIL • BUSINESS ADMIN • WAREHOUSING

If you're 16+ and looking for a way into a full-time job then an Apprenticeship fits the bill. We'll find you employment where you'll receive training and hands-on experience. If everything goes well your Apprenticeship employer may even offer you long-term employment. And don't forget - there's also your minimum £100 weekly wage to take home!

TRAINEESHIPS FOR 19-23 YEAR OLDS

Do you need Skills support? Are you aged 19-23, unemployed and want to get onto an Apprenticeship or a job but haven't got the skills or experience? If that's a yes and you have not already achieved a full level 2 or level 3 qualification then a LifeSkills Traineeship could be your route into paid employment. It will not affect your ISA and you will have your travel costs paid. If successful you will attend a LifeSkills training centre for 6 weeks developing skills employers need including work preparation, customer service skills and maths and English. At the end of the programme you will be in a better position to apply for jobs or an interview with one of the many Apprenticeship opportunities that we have. Apply now or contact the Basildon centre for more details and Get Skilled not Skint



Ofsted Grade 2

Maths & English - Good **Teaching & Learning - Good** Study Programmes - Good Leadership & Management - Good **Outcomes for Learners - Good** Retail - Good **Business - Good**

In our most recent Ofsted Inspection we were viewed as giving 'outstanding' care, support, advice and guidance for learners.

FOR STUDY PROGRAMMES OR TRAINEESHIPS CALL

0800 62 26 493 OR 01268 27 22 00

FOR APPRENTICESHIPS CALL

0800 62 26 471 or 01268 52 69 24

OR EMAIL US: info@learnaliving.co.uk

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LIFESKILLS BASILDON ACORN HOUSE, GREAT OAKS

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